

RUN WITH RYAN

@RYOUNG

2020

A Gentleman's Guide
Exploring the
Luxury Of Adventure
Through
Travel, Fitness & Style



EXPLORE MORE. ADVENTURE MORE. SEEK MORE.

RYAN YOUNG

I am *Ryan Young*, Los Angeles based ultra-runner and Founder & Creative Director of RunWithRyan.Org. I'm the Adventure Editor for *Beverly Hills Lifestyle* magazine, a digital content creator, and a model. Known as *@RyYoung* on *Instagram* with over *65,000 highly engaged* followers, I've represented numerous of *brands* over the past 25 years.

When not writing, taking photos or running across a foreign country, I enjoy volunteering with the 100 Mile Club, an organization teaching kids the value of health & fitness.

Click below for an introductory video to Run With Ryan.

PLAY VIDEO





ON A MISSION.

I'm on a mission to learn and share stories of inspiration, encouragement and motivation for today's modern gentleman while pushing my body and mind through extreme fitness challenges and exploring a world rich in culture, history and landscape.

Each choice we make- where we travel, what we wear, and how we get or stay healthy- can be an exciting part of our personal journeys. Together we're creating ambitious goals, choosing unique & interesting experiences and finding products that aide & enrich our lives.

At RunWithRyan.org I'm your guide on the never-ending quest to live an active, intentional life through The Luxury Of Adventure.

A LIFE OF PASSION.

RUNNING & FITNESS

Just years ago I started running with ten minutes on a treadmill. Months later I completed my first marathon and shortly after an ultra-distance run across California. With running, I set goals, focus and pursue the outer limits of mind and body, while being accurately aware of my surroundings yet also relaxed in meditation. Read more in this [L.A. Times profile](#).

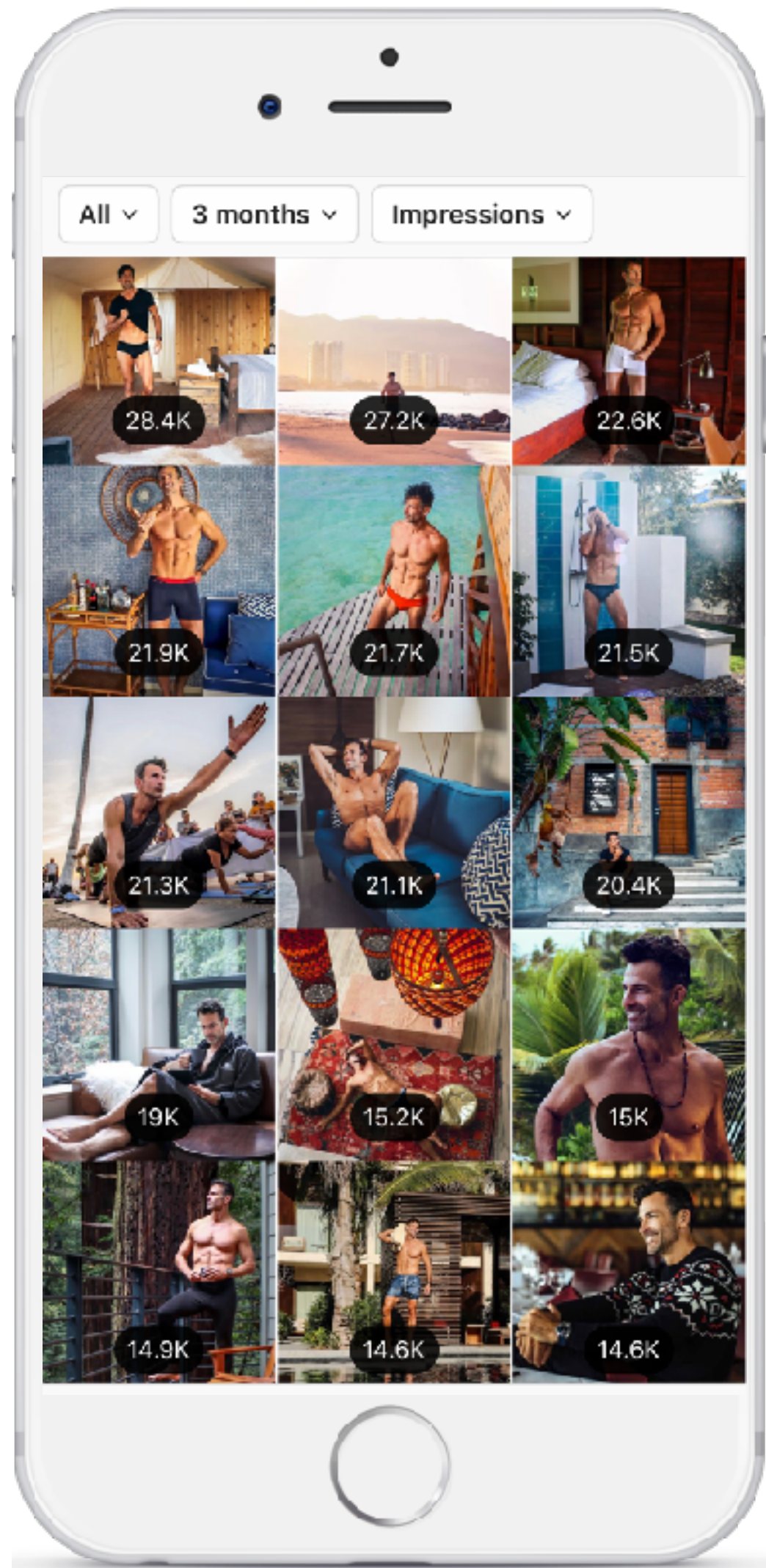
TRAVEL & EXPLORATION

I cross awe-inspiring locations, meet interesting people and immerse in foreign customs to learn about others but also about myself. There are as many thrills in a journey across a country's remote locations as in a weekend escape at a city-based, luxury hotel. Sleeping on forest brush or in the comfort of a five-star resort, it's always about unique experiences. My article: [The Runner & The Sea: An American Rebel in Cuba](#) found here.

STYLE & FASHION

Working as a model since the age of fifteen, I've learned the value of using the exterior to present my interior emotions and personality. There's joy in using style to help tell the story of who I am and when used as an expression of mood, activity, sexuality and masculinity. Shop my article: [Coastal Currents: Casual Spring Fashions](#) here.





@RYOUNG

Your brand gets more than paid Instagram posts with me. I'll work with you to maximize influence across my official Facebook pages, RunWithRyan.org, IGTV, YouTube, Pinterest and inside *Beverly Hills Lifestyle* magazine. With a consistently high engagement rate, my audience trusts my recommendations and endorsements.

AUDIENCE

65K+
FOLLOWERS

84%
MEN

16%
WOMEN

18-24 : 28.30%

25-34 : 46.97%

AGE

UNITED STATES 32.87%

BRAZIL 5.85%

MEXICO 5.76%

SPONSORED INSTAGRAM FEED



TANI USA



ECCO SHOES



MAUI JIM



PVR TOURISM



TAHITI TOURISME



CANYON RANCH



RON DORFF



AVIS/ALASKA



2(X)IST

BRAND COLLABORATIONS.

A sample of the many brands and companies I've collaborated with. Projects include one-time paid posts, reoccurring year-long collaborations, videos, blog posts, testimonials, and guest appearances at special events.



PLAY SPONSORED VIDEO

NETWORK AFFILIATES.

As a member of multiple affiliate programs, I'll link content created with your brand or product to the appropriate network for optimal awareness and an increase in the percentage of potential sale conversions.





IN PRODUCTION.

ARTICLES

Palm Springs. Upgrade Your Fitness In the California Desert

Free Your Soul in Puerto Vallarta. Health & Wellness on the Beach

Tulum Sophistication: Modern Luxuries in a Bohemian Paradise

VIDEO EPISODES

The Rarámuri Runners: Endurance Secrets in the Heart of Mexico

The Runner & The Sea. An American Rebel in Cuba

Tahiti Dreams: Adventures Exploring French Polynesia

OPEN OPPORTUNITIES

Braving Patagonia, Recovering in Luxury in Chile

Oman: Indulgence in the Desert Oasis

Ethiopia's Danakil Desert: The Most Inhospitable Place on Earth, By Foot

Traveling Bhutan: An Old Kingdom Showing the World New Ways

LET'S CHAT.

I'm always looking to work with new people, new clients, who share similar goals. Feel free to reach out on any of my socials, or send me an [email!](#)



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