

# GLAMOHOLIC™

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EXCLUSIVE  
**TREVOR  
DONOVAN**  
READY FOR A  
NEW CHAPTER!

MADISON PETTIS  
ON LIFE WITH BOYS

MATTHEW KOMA:  
ONE NIGHT!

SELENA GOMEZ  
STEALS THE SHOW  
AT THE 2013 MTV  
MOVIE AWARDS



A VERY ITALIAN  
SUMMER

"UP UP & AWAY"  
FEATURING  
CHRIS PETERSEN

GLAMOHOLIC • NO. 18 • APRIL 2013 • TREVOR DONOVAN • WWW.GLAMOHOLIC.COM

PHOTOGRAPHED BY:  
JSQUARED PHOTOGRAPHY

STYLIST:  
MONTY JACKSON

GROOMING:  
VALERIE HARVEY  
AT MARGARET MALDONADO

LOCATION:  
"W" HOTEL  
LOS ANGELES - WESTWOOD

THE LAST FOUR YEARS WERE A TURNING POINT IN TREVOR DONOVAN'S CAREER, WHERE HE PROVED THAT ACTING IS WHAT HE'S BORN TO DO. TREVOR DONOVAN OPENS UP TO GLAMOHOLIC ABOUT 90210, ROLES HE WOULD LIKE TO PLAY NEXT AND HIS GUILTY PLEASURES!

BY BASHAR ZIDANE

WORLD EXCLUSIVE  
TREVOR  
DONOVAN  
READY FOR A NEW CHAPTER!



You've been on 90210 for almost 4 years. How would you describe the whole experience on the show?

Fun, frantic, enlightening and memorable

What are the best memories you have from this chapter of your life?

The people I worked with from the cast to all the members of the crew was one, another was playing a character that helped and gave encouragement to people in real life.

How would you like the next chapter of your career to look like after 90210?

I would like it to go forward, and progress ... I welcome challenges.

What type of roles would you like to play next?

Serial Killer perhaps, let's also throw in Superhero into that mix.

Recently, we have seen you on "The Client List". What was it like to work with Jennifer Love Hewitt?

I had a crush on her in high school, so when I got this job offer, I couldn't say yes fast enough... She is very sweet and great to work with.

Are there any other TV shows that you wish to be part of in the near future?

Game of Thrones, without a doubt, but I'm not British, so I don't see that happening.. But you never know.

Are you working on any new movies?

Nothing immediate but a franchise novel is being developed, and it involves President Bill Clinton.

## I HAD A CRUSH ON JENNIFER LOVE HEWITT IN HIGH SCHOOL

Are there any actors / actresses that you wish to work with in the future?

Emma Watson, Jennifer Lawrence... Um... Daniel Day Lewis.. I'm sure there's more but that's all I can think of right now.



EVERYDAY  
THINGS  
MAKE ME LAUGH  
THE MOST...  
FROM MY DOG  
TRIPPING WHEN  
HE RUNS, TO ME  
TRIPPING  
WHEN I WALK!





## MEETING J.LAW

You've met Jennifer Lawrence at the Glaad Media Awards! Did you remember to take a picture with her?

YES I got the picture and by the time this comes out, the picture will be seen by many. It wasn't taken with my camera, so who knows where it will end up.

How important is it to you to participate in such events and show support for social causes?

It's very important to me. I feel blessed to be able to. My manager and I are friends with the Kennedy family and are very active in all RFK foundation causes.

You have launched your own blog today. What should we expect to read on it? How often will you be blogging?

Expect ramblings, and occasional insightful thoughts. There is no schedule as to when I am going to blog, I guess whenever I have something to say.

## I WOULD LIKE TO BE LESS NERVOUS WHEN SPEAKING IN PUBLIC

Would you ever consider writing a book? What would it be about?

Consider yes, what about... not a clue... but stay tuned.

If you could change one thing about yourself, what would that be?

I would like to be less nervous when speaking in public.. I can do it, but with anxiety.

You have a great sense of humor!..

What makes you laugh the most?

Everyday things... From my dog tripping when he runs, to me tripping when I walk.

Who is the funniest person you know?

My friend Alan Ritchson. We have the same manager. Alan is one funny guy! See Blue Mountain State TV show and you will see what I'm talking about.



# I'M TOLD WHAT TO WEAR, IF LEFT TO MY OWN CHOICE IT WOULD BE WORKOUT CLOTHES

Do you have any guilty pleasures?  
Ice cream.... chocolate... I'll stop there.

Many people don't know that you sing,  
and you have a great voice by the way!  
Are you going to release your own  
music at some point?

Not professionally... I just do it for fun..  
(Check out:  
[Soundcloud.com/trevor-donovan](https://soundcloud.com/trevor-donovan))

What was the last fashion item you  
bought?

Does underwear count? Jocky from  
Target... I'm told what to wear, if left to  
my own choice it would be workout  
clothes, sweatpants ect.

What is your favourite fragrance?  
I don't wear any cologne.

Are you Glamoholic?  
Not sure what that means, If it means I  
like your magazine then yes I am.



## Man manual

# Trevor Donovan

Model, actor, guitarist and singer – sounds like a dangerous combination to us. We can't decide whether we want him to pose for us, sing or strum his guitar while we stare deeply into his piercing blues. Sigh!

**Where we know him from** M-Net Series' *90210* – he plays the heart-throb Teddy Montgomery.

**He says...** that one of the items on his bucket list is to 'invent a way of never losing socks during the washing/drying process' (according to *Mycampustalk.com*). Follow him on Twitter @TrevDon to see whether he gets it right! ✂



PHOTOGRAPHY ERIC RAY DAVIDSON, ANTHONY DEEYING, LICKERISH.COM/ALEK & STEPH, TEXT THANDANI MHLANGA

SPRING 2013

FASHION ART BEAUTY MAGAZINE

NEUXMAG.COM

# NEUX



*CAPTURE*  
**TREVOR DONOVAN**

PHOTO BY VAUNN YEVO

# BELLO #28

HOLLYWOOD  
HEATWAVE

L.A. Décadence  
*(Brooke Bonelli)*

L'été Noir  
*(Kerry Degman)*

## TREVOR DONOVAN

Return of The Alpha Male



THE DREAMERS // COLOR ME BOLD // PRIVATE LESSON // BRIT  
ON WHITE // WALK THE LINE // FAVORITE PASTIME // WHITE SUMMER  
DRINKS // PERFECTLY LONELY // BLUE DESERT AND MUCH MORE...  
+ INTERVIEWS, VIDEOS, TIPS & TURNING FASHION IN ART

FASHION ENTERTAINMENT LIFESTYLE



# Return of The Alpha Male

starring Trevor Donovan

PHOTOGRAPHY ALEK AND STEPH  
[WWW.ALEKANDSTEPH.COM](http://WWW.ALEKANDSTEPH.COM)

STYLING WARREN ALFIE BAKER  
 HAIR & MAKEUP MATHIAS ALAN  
 PHOTO ASSISTANT JANA WILLIAMS  
 INTERVIEW BY DARIQN LOWENSTEIN

SUIT BEN SHERMAN  
 CARDIGAN G STAR  
 SHIRT VIVIENNE WESTWOOD  
 TIE ALEXANDER OLCH  
 TIE PIN AND POCKET SQUARE GENTRY



FOR **TREVOR DONOVAN** WE WANTED TO PORTRAY THE QUINTESSENTIAL **50'S ALPHA MALE**. HE IS A MAN WITH GOOD LOOKS. HE HAS A BODY THAT MOST MEN WOULD GO ON A DIET FOR AND HAS A RELATIVELY HIGH SOCIOECONOMIC STATUS "**THE ULTIMATE BACHELOR**". HE IS THE GUY THAT LADIES WANT TO KNOW, ATTEND HIS LAVISH PARTIES AND ROLL AROUND ON HIS CALIFORNIA KING SIZE BED. THIS TERM 'ALPHA MALE' IS NOT USED TOO OFTEN IN PRESENT DAYS SO WANTED TO CAPTURE HIM IN THIS L.A. HOME WITH THE MOST AMAZING VIEW OF THE CITY OF ANGELS.

**You graduated from the Art Institute of Los Angeles for Graphic Design - was this always your career path?**

It all started when I drew one of those cartoon mouse's on the back a matchbook.ha ha ... I didn't know what I wanted to do, at that time I knew I wanted to draw and I did, and did it well.

**How did you get started modeling?**

I was walking on Santa Monica pier, ya know ..getting fried cheese on a stick. And was approached by guy who said he'd like to shoot me.. The rest is history

**Your first big role was on Days Of Our Lives. What did you learn from working on a soap?**

That you better be on time, know your lines, and learned how to give a long dramatic look. Overall great experience.

**90210 Blasted you into the limelight for your groundbreaking role as Teddy, a character struggling with his sexual orientation.**

**Did you have concerns regarding the stigma of playing a gay character?**

I would be lying if I didn't say I was a little concerned how it would be presented, but I love challenges, and hoped for the best.... As you can see it turned out well, the storyline was A+... and why?

Because it was real, and so many people went through it or knew someone who went through it. Whether it was for only 1 season or 4 seasons...

Getting to play Teddy and be a part of telling that storyline, was a great experience.

**How have you found the fan reaction to Teddy?**

I call my fans DGNuts, they actually came up with the name for themselves, and they are the most amazing bunch of individuals from all over the world. The reaction was overwhelming and the heartfelt tweets I would get (@TrevDon) in response to my character...

I feel blessed and honored.

SUNGLASSES JOHN WALKER // JACKET AERONAUTICA MILITARE // T-SHIRT G STAR

**Internet rumors and news articles exploded when it was announced Teddy would not be returning next season. Now they are saying you will be back. What's the real story?**

I go with the flow... I glad people care.. but you'll just have to wait and see... just like I will.

**You recently landed a role in Savages - the new Oliver Stone movie about rival pot growers. Can you tell us about Matt, your character?**

Dream come true to work with Oliver Stone, even more flattering was to find out he personally picked me. All I can tell you is, Matt is the boyfriend of Madga, the daughter of Selma Hayeks character ..and get a little ruffed up, or he likes it rough... you gotta see the movie to find out.at I wanted to

PANTS G-STAR // SHIRT BEN SHIMMY // VEST WIVINE JET 100%



**How do you stay in such amazing shape with the crazy shooting schedule of TV & Film?**

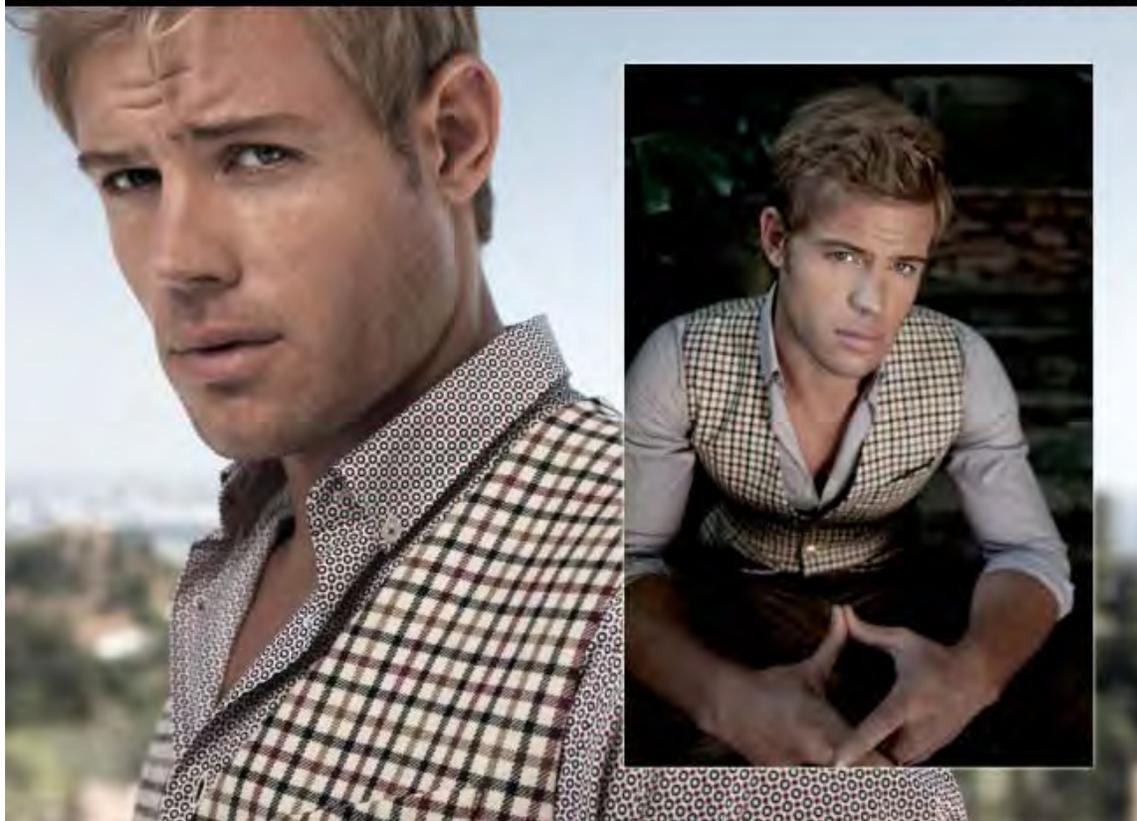
I work out every day. Run, do cross-fit training and watch what I eat.... Although I do consume a whole pizza from time to time. Also... I have discovered the fountain of youth: I drink a certain kind of water, at least 3 gallons a day.

**What's next on the horizon?**

I have 2 films lined up between now and October. I'm excited for the future, perhaps landing another TV show... I don't know... but wherever I go, my army of DONuts (fans) are coming with me.

VIDEO

SUIT VIVIENNE WESTWOOD // SHIRT H&M // BOW TIE ALEXANDER OLCH





**PHOTOGRAPHY**  
ALEK AND STEPH  
[WWW.ALEKANDSTEPH.COM](http://WWW.ALEKANDSTEPH.COM)

**STYLING** WARREN ALFIE BAKER  
[WWW.WARENALFIEBAKER.COM](http://WWW.WARENALFIEBAKER.COM)

**GROOMING** MATHIAS ALAN  
[WWW.MATHIAS4MAKEUP.COM](http://WWW.MATHIAS4MAKEUP.COM)

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**PHOTO ASSISTANT** JANA WILLIAMS

**STYLING ASSISTANTS** LISETTE MORA & JENNIFER NUNN IWAI

**GROOMING ASSISTANT** RICH MAGAÑA

**INTERVIEW BY** DARION LOWENSTEIN

**LOCATION** HOLLYWOOD HILLS, THANKS CHAD & BRIAN

**AGENCY** L.A. MODELS

SHIRT AND PANTS: BEN SHERMAN // BELT: STYLISTS' OWN

# COSMOPOLITAN

AUGUST 2010

NAUGHTY, NAUGHTY

## SEX POLL

It's Official: We Got 2,000 Men to Reveal, "Do This, Not That" in Bed

Together Forever? How to Still Flirt With Him

## Feel Sexier Instantly

50 QUICK TRICKS

Two Lists Every Cosmo Girl Needs

THE HOT ISSUE

Catching Up With Britney Spears

The Sex Angle That Intensifies

Female Pleasure (Call It G-Spot Geometry)

Inhaled the Whole Pizza? How Not to Gain Pounds After a Pig-Out

## SEX EXTRAS

- \* Give Off a Good-in-Bed Vibe
- \* Sex During Your Period (It's So Worth It)



{ Fun and Fearless }

THE HOT ISSUE

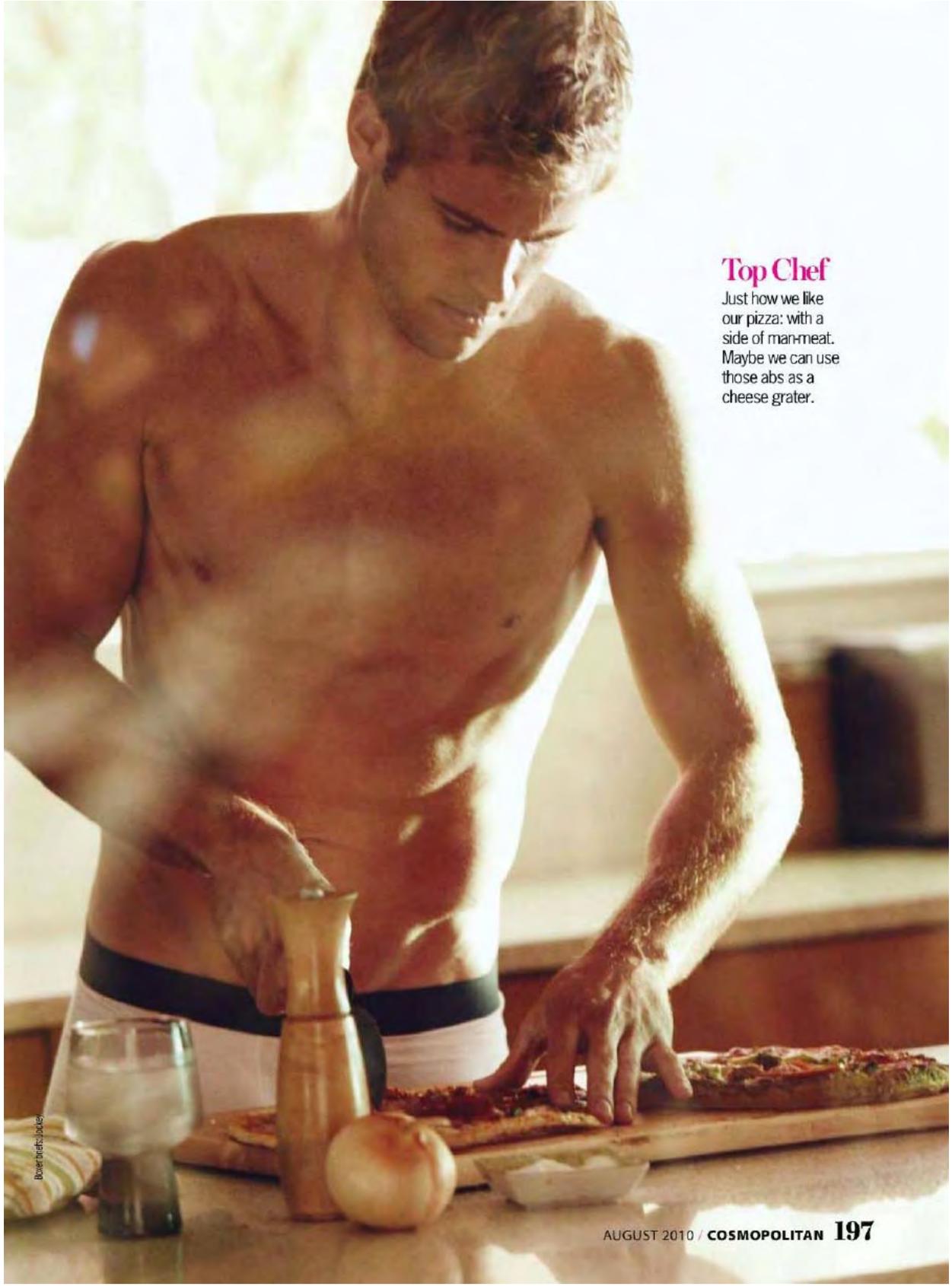
# I Spy... a Hottie

When the boy next door is as sizzling as *90210*'s Trevor Donovan, you can't be expected to resist sneaking some ab, er, eye candy. Okay, okay, we binocularared the babe. All day long.  
Photographs by Chris Clinton

## Special Delivery

He's got a package... and then some. Where do we sign?!

Senior fashion editor: Rebecca Hessel; Grooming: Catherine Furniss; Hair: Ricklen for Men; [exclusivetimes.com](http://exclusivetimes.com); Makeup: Joane Morales; for [Exclusivetimes.com](http://Exclusivetimes.com); Prop: Stacy; Ed: a Yellow; Photo pants: What Goes Around Comes Around; boxer briefs: Jockey



**Top Chef**

Just how we like our pizza: with a side of man-meat. Maybe we can use those abs as a cheese grater.

Beverly S. Jones



**Definitely  
Best-  
Dressed**

We love a man with great taste in clothes...or the lack thereof.

Checking out an insanely hot guy is like looking at the sun: You can't

A photograph of a shirtless man with short, light-colored hair, wearing a white towel around his waist. He is standing in a shower, looking towards the camera with a slightly surprised or intense expression. Water is spraying from a showerhead onto his chest. The background shows a bathroom with a mirror and a doorway.

**Wet 'n'  
Wild**

Cold water? Good idea. We're going to need that.

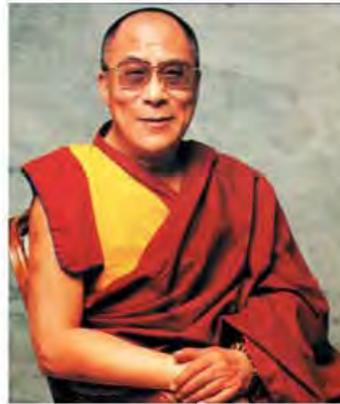
Jeans: Diesel; swim trunks: Viebequin; sunglasses: Mosley Trice.

stare directly at him for too long or you'll go blind. That's why you need to sneak peeks.

Opening Ceremony participants for the  
12th World Summit of Nobel Peace Laureates on April 23.



Bill Clinton



Dalai Lama



Mikhail Gorbachev



Sean Penn



Trevor Donovan



Jimmy Carter

Along with Presidents LechWalesa, F. W. de Klerk and Óscar Arias

The Robert F. Kennedy Center for Justice and Human Rights

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Los Angeles - April 21, 2012



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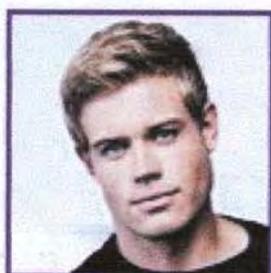
#glaadawards

The National Board of Directors of GLAAD and Acting President Mike Thompson invite you to the 23rd Annual GLAAD Media Awards.

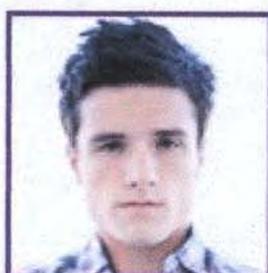
## Special Guests



Ellen  
DeGeneres



Trevor  
Donovan



Josh  
Hutcherson



Kim  
Wayans



Valerie  
Bertinelli



Jane  
Leeves



Wendie  
Malick



Betty  
White

**PLUS! Fran Drescher, Jesse Tyler Ferguson, Ali Larter, Gilles Marini, Anna Paquin, Molly Shannon, and more to be announced!**



[1]

Photographs by Mitchell Nguyen McCormack

Known as the guy that all the girls want, his character recently had a very interesting twist, and as a result, the show has gone from somewhat “superficial” to one that people are talking about due to the depth and social commentary involved. By Obed Napitupulu

Born in the eastern California town of Mammoth Lakes, famous for its skiing areas, the 32-year-old Donovan is now cementing his place in Hollywood.

“The show is beginning to touch on more serious issues concerning sexual identity. It’s quite a change and it’s made the show less superficial and given it more depth,” Donovan explains when asked about the latest, some might say shocking, turn of events in the latest season of the show.

### **A new twist**

He adds that viewers will be seeing more of the same, “Expect real-life situations that viewers can relate with.” In terms of how he prepared for the new ‘twist’, Donovan says he has embraced the new out-of-the-closet Teddy.

“It’s every actor’s wish to get a challenging role and to take it on to the best of their ability,” Donovan says.

Recent events in the *90210* storyline have posed such a challenge for Donovan as an actor.

It is a similar challenge that great actors such as Sean Penn, James Franco, Jake Gyllenhaal and Heath Ledger have tackled—and won great critical acclaim for—playing the role of an outwardly homosexual character.

Donovan, who used to be in a punk-rock band, has taken Teddy Montgomery to a new level, especially for primetime TV, despite Teddy’s womanizing ways in the past.

### **Once a Casanova...**

That is the type of role that requires dedication; something that Donovan clearly possesses after committing to his first same-sex kiss on screen.



[2]

The 188-cm-tall Donovan told the press it was “nerve-racking,” while adding that it had been getting easier. “He used to be a womanizer and a player and he starts to carry that over into his gay life,” says Donovan of Teddy.

### **Sexual identity**

So whether or not it is truly becoming easier for him, Teddy is scripted to be [kissing] many Beverly Hills bachelors as he develops this revelation in his sexual identity.

He also adds that the end of the season develops similarly in a recent interview. “[Teddy] realizes that he doesn’t know what he wants anymore, so he finds himself in a nice stable relationship, a nice, slow, progressive relationship that goes into the end of the season. So there is a rift, a realization, and then a rendezvous,” Donovan tells a reporter.

And speaking of challenges, one of his earliest was as a fresh-faced struggling actor trying to break into the business in 2007 where he played Jeremy Horton on the daytime “soap opera” series *Days of Our Lives*.

Before that, he had a bit part, in 2004, on a TV show called *Quintuplets*.

But before that he did some fashion modeling. “One of my former jobs was an Abercrombie & Fitch model, among other jobs,” he explains, while adding, “I am proud of my body and not ashamed of it.”

### **Body sculpting**

When asked about his physique, which has been described as incorporating a “scene-stealing six-pack” on numerous occasions, he says he regularly works out, “six days a week.” Donovan offers some tips too, for all of us sedentary regular guys, “It is more than just working out, your diet is crucial,” he explains.

Breaking into the major feature-film genre, Donovan had a role in the 2009 science-fiction movie *Surrogates* playing the surrogate form of Bruce Willis’s character Tom Greer.

### **A new truck**

And according to the mountain-loving Californian with his “duct-tape-gray truck,” which was his first major purchase after getting regular acting work, he avows, “[the big screen] is the plan for the longer term,” in response to *DA MAN*’s question about whether he hopes to be a permanent fixture on the big screen.

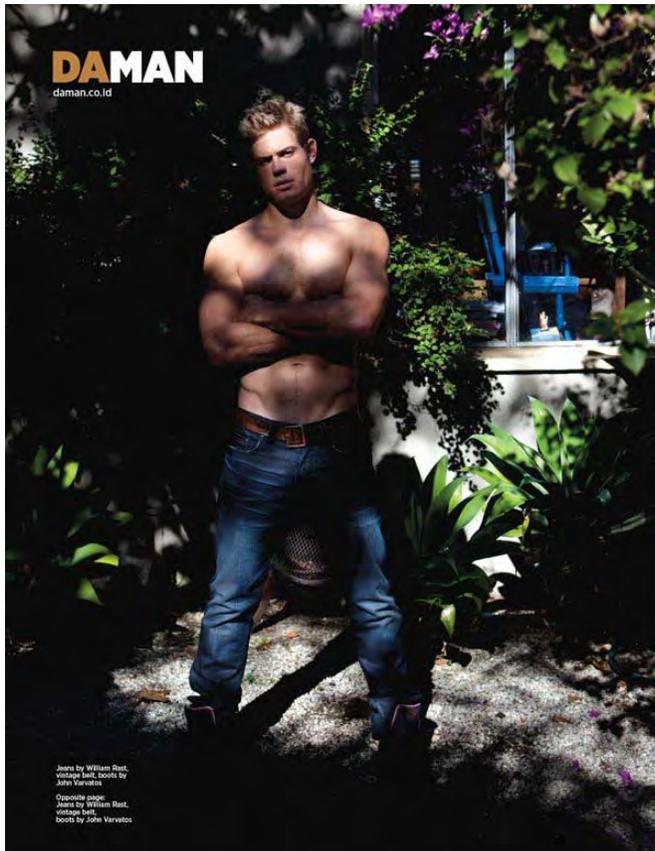
Shortly after *Surrogates* wrapped, Donovan landed a recurring role on *90210*, first appearing on September 8, 2009.

On May 20, 2010, it was announced that he had been upgraded to series regular.

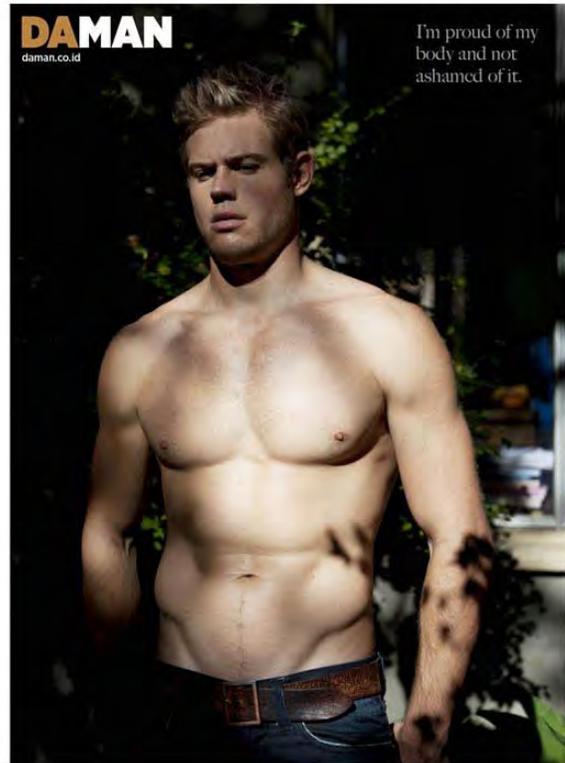
### **Away from the set**

In response to an inquiry about who he admired in the world of show business, he says without hesitation, “Jennifer Aniston and Emma Stone.”

Off the set, recently Donovan was seen on the red carpet attending the 2011 Independent Spirit Awards along with actors Aaron Eckhart, Ewan McGregor and Jason Ritter making their arrivals to the show held at Santa Monica Beach with Jeremy Renner presenting.



[3]



Donovan is apparently also a video-gaming enthusiast, and says that if he could be any video-game character it would be "Nathan Drake from *Uncharted*," because, "he can do just about anything and he gets all the girls."

Speaking of girls and girl magazines, one recently rated him high on its list of sexiest guys, to which Donovan responds, "I feel sexy."

Life is good for Trevor Donovan, and things are looking up, but he used to feel fear, at least of auditions and crowds. However, he says, "That fear is over now."



## Al Gore Reveals He Watches "90210" -- But Why?



**Al Gore** has something in common with 13-year-old girls everywhere: He watches "**90210**."

But it's not the sight of the sexy **AnnaLynne McCord** in a bikini or **Shenae Grimes'** latest prostitution plot-line that hooked him in -- it was the coming out story of **Trevor Donovan's** character, **Teddy**.

Donovan took part in the Robert F. Kennedy Center for Justice and Human Rights 2011 **Ripple of Hope Awards** last night, where he read the story of anti-bullying advocate **Jamie Nabozny**.

After his presentation, we hear the former Vice President introduced himself to Trevor to congratulate him on the reading, thank him for being an anti-bullying advocate himself and revealed he watched "90210" to see how Teddy's story played out.

We're told Gore said he was "pleased" the show made Teddy into a positive gay role model.

# COSMOPOLITAN

AUGUST 2011

## Guys Rate **50 SEX MOVES**

Thousands of Men Rank  
the Hot  and Not-So-Hot   
Things You Can Do  
to Their Naked Bodies

**THE  
HOT  
ISSUE**

## **Kim Kardashian**

Steal the One  
Trait That Makes Her  
So Unstoppable

## **Flatten Your Abs**

**IN 4 EASY STEPS**

**The Sexy  
Confidence  
Men Can't  
Resist**

**First  
Look at  
Fall  
Fashion**

**How to  
Outsmart  
a Bitch**

## **SEX EXTRAS**

- What Your (and His) Fantasies Really Mean
- Keep an Orgasm From Slipping Away



# Cosmo's Summer Hot List

August is when the foxiest trends of the season officially obliterate last year's obsessions. Here's all the stuff that's big...and the topics that are beat.



THEN

NOW

Kellan Lutz



MOST LICKABLE ABS

Trevor Donovan >

Florence Welch >



POWERHOUSE SONGSTRESS



< Adele

Oil >



MOST-HATED POWER SOURCE



< Nuclear

< Senator Scott Brown

STRIP-HAPPY LAWMAKER

Congressman Aaron Schock >

Egypt Keys-Beatz

MAPPABLE BABY NAME

Moroccan Cannon

Boy shorts >



IT LINGERIE



< Retro-inspired briefs

< Old Spice Guy

DUDE WE'D BUY ANYTHING FROM

Dairy Queen Guy >

American Idol >



BEST WAY TO GET DISCOVERED

The Voice

Bieber fever

WIDESPREAD ILLNESS

< Royal fever

< Wine-stained

KISSABLE POUT

Hot pink >

Mad Hatter's neon carrot top >



WHACKED-OUT JOHNNY DEPP DO



< Jack Sparrow 4.0's dreads

Mini

GO-TO HEMLINE

Maxi

< Joe Manganiello

CRUSHWORTHY WEREWOLF

Tyler Hoechlin >



# RUNWAY

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**WINTER 2010**

WWW.RUNWAYLIVE.COM

**H**e may have been a male model for big designers like Calvin Klein, but don't let his good looks fool you – Trevor Donovan has more on his mind than fashion. He made his major acting debut as Jeremy Horton on *Days of Our Lives* in 2007 and now has a recurring role as 90210's Teddy Montgomery, a famous tennis player and son of a movie star who'll be a major character this season. Growing up in Mammoth Lakes, California, Donovan may be more comfortable on ski slopes than red carpets, but that humbleness is part of his charm.

**Runway Magazine:** Did you always want to be in the entertainment industry?

**Trevor Donovan:** No. I actually wanted to be either a professional snow boarder or a fireman like my brother.

**R:** How did you end up on *Days of Our Lives* and 90210?

**TD:** I auditioned for the roles and luckily... I fit the parts!

**R:** Had you watched the show before joining the cast?

**TD:** I watched the original 90210. They actually filmed an episode in my hometown of Mammoth.

**R:** How do you feel about your character on 90210 coming out as a gay man?

**TD:** I'm very excited about it. Not only for me as an actor but to shed some light on how difficult it can be. It's been so good, and I'm so impressed with the writing staff and production. Everything has gone in the right direction. The fact that my storyline is coinciding so accurately with what's going on in the news [teen suicides], I think it's just an opportunity to really help these kids and hopefully, potentially, save people's lives.

**R:** What was it like being a "surrogate" for Bruce Willis?

**TD:** Surreal. I grew up with Bruce Willis movies and getting to work with him was an amazing opportunity, he was really nice. His daughter, Rumer, was in a few episodes of 90210 season two and at the *Surrogate* premiere Rumer, Bruce and I chatted it up. Also, I developed a friendship with the director Jonathan Mostow. Long story short (hate that quote), it was great.

**R:** You've been a model for both Abercrombie & Fitch and Calvin Klein. What kind of style do you wear in your day-to-day life?

# Trevor Donovan

## FROM THE SLOPES TO 90210

### Interview by Jordan Young

**TD:** I'm developing a style, but as of right now my style is clean or dirty.

**R:** What are some of your hobbies/things you enjoy?

**TD:** Surfing, volleyball, weightlifting – basically all types of fitness. Aside from that, reading. I just finished the *Hunger*

*Games Trilogy*, which I highly recommend. Suzanne Collins is on my must meet list. I also play guitar, write music and sing (MP3 [TwitTrevDon](#)).

**R:** Where can fans see you next?

**TD:** Follow me on Twitter—[@TrevDon](#)—any projects, events, etc., are updated there.





## BUILDING A BETTER YOU

Men's exercise regimens needn't be all drudgery.

*Nearly every guy wants to know how to get stronger, gain muscle and lose fat --and that is when the problems arise. Should I go heavy? Should I do cardio seven days a week, 10 hours a day? Should I isolate each body part? So many ideas and it's easy to get lost in the junk. But, as demonstrated by 90210's Trevor Donovan, a sensible workout can be worth its weight in gold.*

**SO LET'S DIVE RIGHT IN!** - WRITTEN BY JOE CICCONE [DPT,CSCC]

First thing to do is make a decision -- better yet, a commitment to yourself -- that you are going to train smart and hard. That is the hardest thing to do, because there is no magic pill to take to make serious changes to your body (although there are masses that will try and convince you otherwise). If you are the

typical New Yorker, you don't have the time to spend hours lifting and more hours doing cardio.

So what's the solution? Simply combine both into one muscle-building and fat-burning session. I will give you the foundation and then you can mix and match to keep workouts new, fun and constantly adding a

new stimulus for constant progression.

This workout can be done with minimal equipment and/or in a gym setting, indoors and outdoors, to give you complete freedom and to prevent boredom.

### **Here we go:**

**1)** Break your body into three sections: Upper body pushers, upper body pullers and legs.

This is the foundation of the workout and gives you complete freedom in changing exercises daily to keep yourself motivated.

**2)** Forget about isolating at this point. You want the most bang for your buck, and by choosing big body exercises you will maximize your output in minimal time. The bigger muscles will be your primary movers, and the smaller muscles will assist, so both are getting utilized. I will provide you with a list of exercises for each section.

**3)** The key to this routine is to go from one section to the other without stopping. Doing this will keep your heart rate up, and switching body parts will give your



muscles a chance to rest while challenging the others.

**4)** You want to keep the repetitions within the 10-15 repetition range so that by the end of each set you're feeling a burn. If you are knocking out 20 reps the resistance is too light; if they fall down to six, it is too heavy. After you complete a push, pull and leg circuit that counts as ONE ROUND. The goal is to complete 10 rounds.

**5)** Every two or three rounds you should switch up the exercises for each section. This allows different aspects of each section to

be challenged so that your continue to grow and hit all areas of a muscle.

**6)** Once you complete the 10 rounds you can mix in two or three biceps, triceps, shoulder, and ab rounds to polish off. These will consist of curls, triceps extensions, shoulder presses, and bicycles for abdominals.

The beauty of this type of workout is you have complete freedom. It is this freedom that will allow you to keep workouts fresh and challenging, and to avoid plateaus. Depending on how you feel, you can go lighter and increase

the reps or go heavier and decrease the reps. The SAID principle (Specific Adaptation to Imposed Demand) applies here. This is basically saying that keep making progressions with reps, weight and changing exercises. This will shock your system into continuously making adaptation. These adaptations include muscle growth, decreased body fat and increased aerobic capacity. Train smart, train hard and reap the benefits!

#### **PUSH EXERCISES**

- Pushup
- Incline pushup
- Incline pushup on one leg
- Bench press
- Incline dumbbell press

#### **PULL EXERCISES**

- Rows
- One-arm row
- Pull-ups: narrow grip, wide grip, and neutral grip
- Lat pull down
- Bent over row
- Theraband one arm rows
- Dead lifts

#### **LEGS**

- Bodyweight squat
- Split squat
- Bulgarian squat
- Squat jumps
- Lunges sumo squat
- Deadlift

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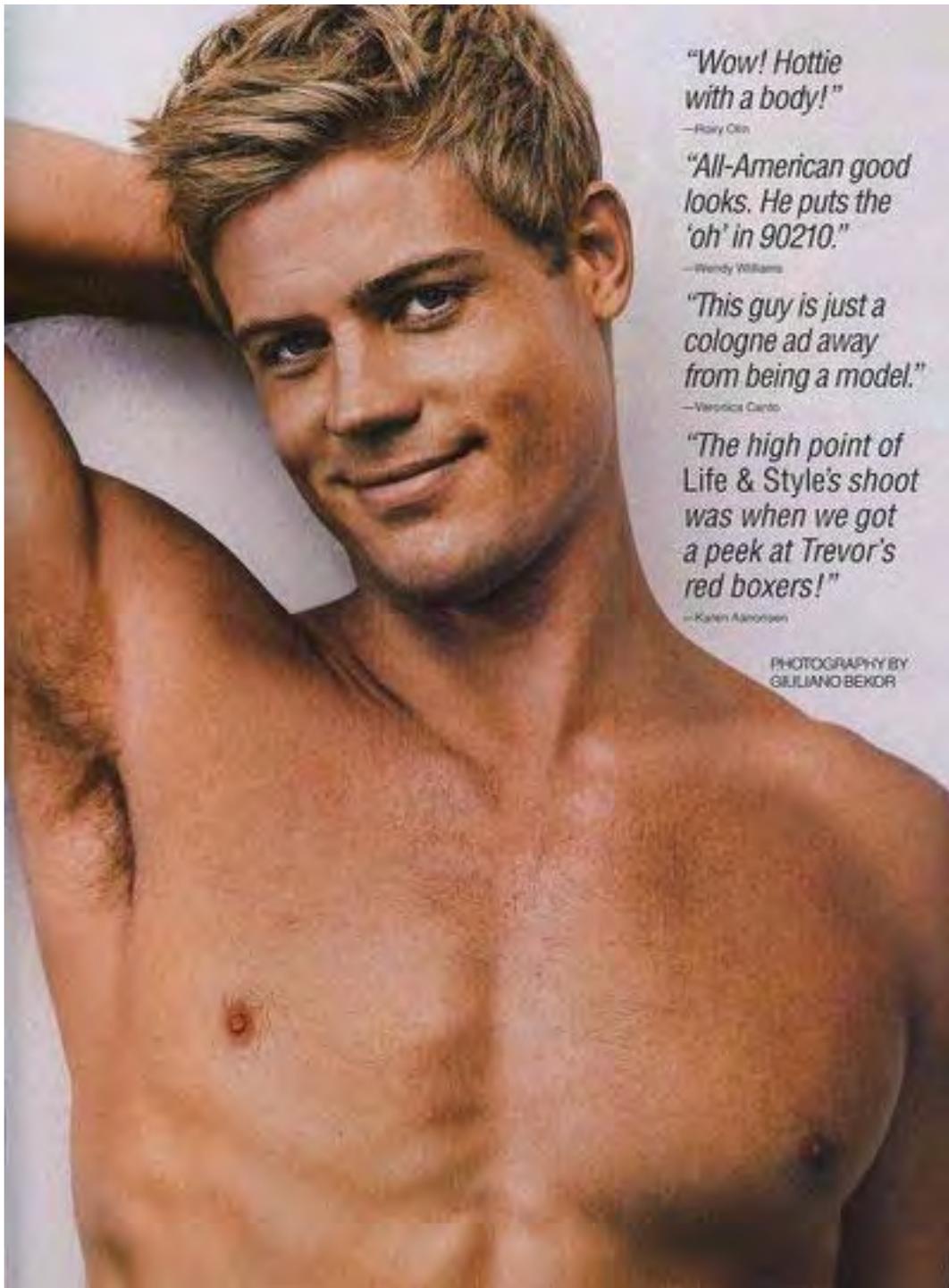


# Life & Style

Playing golden boy Teddy Montgomery on 90210 isn't a stretch for California native Trevor Donovan. And with his rugged good looks and chiseled surfer's bod, he has West Beverly High experiencing a perpetual heat wave! "I auditioned, and within a week I was working," Trevor, 31, told Life & Style during an exclusive photo shoot on Sept. 15 in LA. "Coming into a cast that had worked together for a year was a little intimidating, but everyone's so nice. And Teddy's a really fun character."

It's hard not to be disarmed by Trevor, whose physical perfection is matched by his charming sensitivity. "I'm good to my mom. I talk to her just about every day," says the 6-foot-2 star, who's single. "I'm also a musician - I write and sing. I wrote a lot of stuff for a past girlfriend." While he's millions of girls' dream guy, he fantasizes about just one person. "I'd like to work with Brad Pitt," he tells Life & Style. "I like his freedom and loose acting style." Double the man candy? Swoon!





*"Wow! Hottie with a body!"*

—Ricky Olsen

*"All-American good looks. He puts the 'oh' in 90210."*

—Wendy Williams

*"This guy is just a cologne ad away from being a model."*

—Veronica Carls

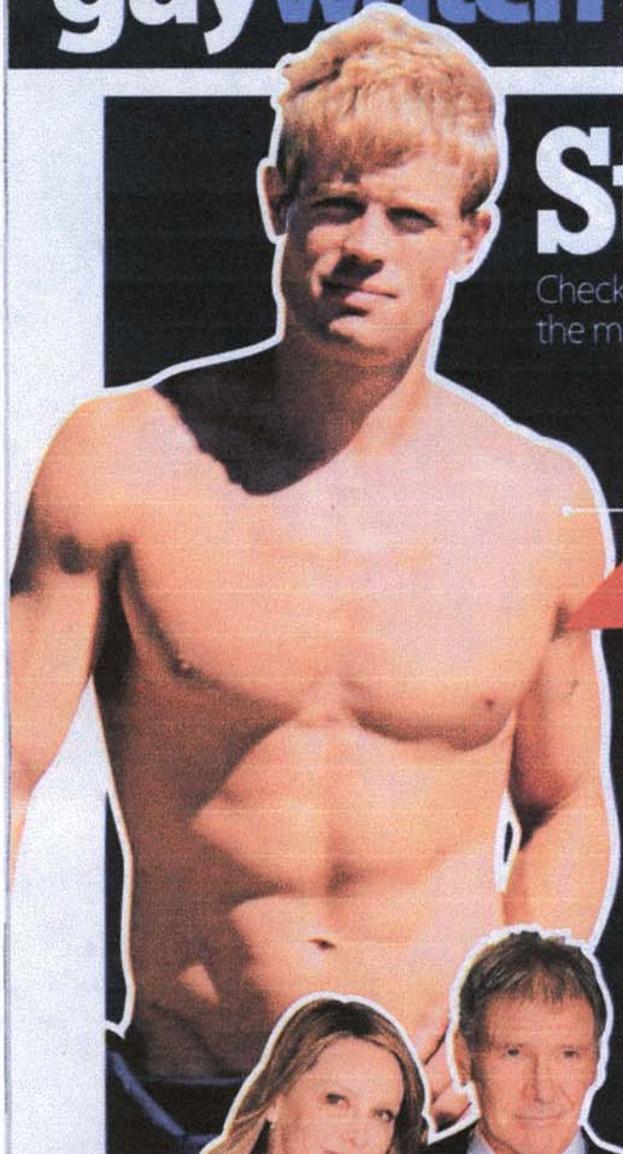
*"The high point of Life & Style's shoot was when we got a peek at Trevor's red boxers!"*

—Karen Aaronson

PHOTOGRAPHY BY  
GIULIANO BEKOR

## Stud Meter

Check out which guys are getting sexier by the minute...and who's totally turning us off.



### Trevor Donovan

With a body like that, there's no doubt this new 90210 hunk is going places.

### Ludacris

He made us melt by giving away 20 cars and 30 days of free gas to struggling fans.

### Levi

#### McConaughey

At 1½, Matthew's little cutie has already perfected his ultracool "I'm so over this" look.

### Prince Harry

This royal hottie reportedly just came into a hefty inheritance. Now that's a bachelor worth competing for.

### Harrison Ford

Indiana Jones is looking into another adventure at 67, proving rugged men only get better with age.

### Cristiano Ronaldo

Man purses are never cool...even on international soccer stars.

### Jason Lee

*Alvin and the Chipmunks* was so annoying, he just had to do a "squeakquel."

### Shaquille O'Neal

Props to Shaq for having a TV career, but spanking a male deejay on camera is no way to win an Emmy.



# Men's Health

## The Trevor Donovan Workout: Face Your Fears

### MH CELEBRITY FITNESS

Even with a hit show and a million-dollar physique, actor Trevor Donovan suffers his fair share of setbacks. His solution? Use each one to spring farther ahead



By: Andrew Daniels, Photographs by: Hama Sanders

The fire started in actor Trevor Donovan's kitchen.

It was his own fault, the *90210* star readily admits, and it wasn't the first time he nearly torched his apartment by exercising his culinary skills (breakfasts are mystifyingly problematic for the 32-year-old). But the damage was minimal: a few charred edges of countertop, a lingering smell

of smoke, and one slightly bruised ego. The omelet that ignited the blaze, however, was unsalvageable.

“It happens almost every morning,” laughs Donovan, adding that when he first moved in, he nearly burned the place down. “I’ve never really lived anywhere that accommodated a lot of cooking, and now that I do, well, I don’t know what to do with myself.”

Whether he’s in a kitchen or on a film set, Donovan’s life is full of mishaps. And for a man with a golden-boy smile and a muscular build that’s tailor-made for magazine spreads, that’s surprising. How can someone who exudes so much self-confidence be such a klutz?

The answer is simple, according to Donovan: He’s an average guy, and average guys make mistakes. They struggle. They fail. And even though he looks the part, he isn’t Superman.

Donovan’s own kryptonite, aside from the occasional incendiary omelet, is being the center of attention. It makes him feel awkward and uncomfortable, even afraid, and he would much rather deflect the focus somewhere else. Yet Donovan is the star of a hit show on the CW network—*90210* began its third season in September—and a professional model whose chiseled physique graces print ads, billboards, and commercials all over the world. He literally spends his life in front of cameras. Something doesn’t quite add up.

Maybe Donovan picked the wrong profession, even though he’s enjoying more success now than ever. He never intended to be an actor, after all; he was studying to be a graphic designer at the Art Institute of Los Angeles until a modeling scout approached him in a shopping mall six years ago. And if Donovan wasn’t on a date, he probably would have dismissed the odd encounter. But at her insistence, he decided to give modeling a try. If nothing else, perhaps he’d be able to pocket some extra cash.

“Auditioning is the most terrifying thing I’ve ever done,” says Donovan. “There must have been four or five of them where I completely froze up and walked out of the room. My palms get sweaty just thinking about it.”

To combat his nerves, Donovan enrolled in acting classes. “I have a really hard time meeting people, so I wanted to take classes to get out of my social shell,” he says. “Eventually I opened up and realized, wow, I really enjoy this.”

And the more he enjoyed it, the faster his career gained momentum. Ad campaigns with brands such as Calvin Klein and Abercrombie & Fitch led to small parts in shows such as *Days of Our Lives* and films such as *Surrogates* and *Takers*. And those, in turn, led to his big break: A starring role in The CW’s revival of *90210*—this time sans the *Beverly Hills*.

Donovan plays 18 year-old Teddy Montgomery—a wealthy tennis prodigy navigating the halls of his high school as the ultimate playboy. Yes, the actor realizes he’s playing a character nearly half his age, but it isn’t as big of a stretch as he originally thought.

“Physically, I may have grown up, but mentally I’m still a child, so there’s really no effort there,” jokes Donovan. “But what’s great about my character is that he’s mature. He grew up around adults and adult situations, so he’s been through more heartache and pain than the other students. They’ve written my dialogue so I can play a little bit older, which makes it a bit easier.”

Donovan knows he can’t be 18 forever. “90210 can only go year to year,” he says, and that’s why he’s branching out and looking for meatier roles, like the Aryan skinhead he’ll play opposite Martin Sheen in the upcoming (and tentatively titled) film *City of Redemption*. And if he can also use his fame for the greater good, all the better. “I aspire to be like Paul Newman,” says Donovan. “He was a man’s man, a lady’s man, and the epitome of a philanthropist.”

Wherever Donovan’s career takes him, however, he knows there will be bumps along the way—and he welcomes them. “The fear is exciting,” he says. “That’s what attracted me to this industry; it’s always changing. There’s always something that’s going to scare you or be hard for you...but it’s never boring.”

It’s easy to see why Donovan shuns a stagnant lifestyle. When he was growing up in Mammoth Lakes, California—a ski resort town near Yosemite—he was outside before the sun came up and didn’t return home until after it set. He skied the mountains (often with the U.S. national team), rode BMX bikes, and, every summer, trekked south with his dad—a former professional surfer—to ride the waves of the California coast. Indeed, he credits the outdoors for helping him build the body that got him noticed in the first place.

Now that he lives and works full-time in Los Angeles, however, he has to work harder at maintaining his breadwinning physique. His formula for success: Hitting the gym daily and ditching the city on weekends to work out at the beach. The key, he says, is staying active wherever you are.

“There’s nothing better than keeping fit,” says Donovan. “It gives me energy and helps me think more clearly.”

And, in the end, maybe that’s what helps Donovan face his fears and navigate his mishaps: Exercise. It’s the one true constant in his life. It pumps him up. It helps him focus. It keeps him sane. “It just adds positive upon positive upon positive,” says Donovan. “The second you realize that, you realize how much better life can be. And that’s true happiness.”

## **THE TREVOR DONOVAN WORKOUT**

*The 90210 star reveals his favorite “No weights? No problem” fitness plan*

Actor Trevor Donovan’s workout philosophy is simple: Hit every major muscle group, every time. It’s a principle that he learned during a childhood spent skiing, mountain biking, and exploring the rugged terrain around Mammoth Lakes, California, and one that Hollywood’s fast track hasn’t been able to shake. Life, he realized early on, is a total body adventure, so why train any other way?

His favorite workouts include a mix of cardio and strength training to maximize muscle gain and accelerate fat loss. And if he can avoid the gym altogether—as he does with the circuit below—all the better.

Start with a light warm-up (Donovan prefers jogging, jumping rope, or rowing for 5 to 10 minutes), followed by stretching. Then run through the circuit, moving from one exercise to the next without rest. Once you've completed all four exercises, rest for one minute, and then begin the circuit again (do five total).

“Use your entire body and go non-stop,” says Donovan. “That way, your cardiovascular system and your muscles are always in overdrive.”

The rep ranges are what Donovan does, and he reduces the number of lunges and pushups by 10 reps each during each successive circuit. Here's an alternate strategy: During the first circuit, do as many pullups, lunges, and pushups as you can, stopping a couple of reps short of failure. Then in each successive circuit, reduce the reps for those exercises by 20 percent (e.g., if you do 30 pushups initially, do 24 pushups during the second circuit, 19 during the third, etc.) After you've completed the circuit five times, cool down the same way you warmed up.

**Burpee** (20 reps)

**Pullups** (15 reps)

**Body Weight Lunge** (50 reps)

**Pushups** (50 reps)

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# Los Angeles Times

## '90210' exclusive: Trevor Donovan officially promoted to series regular

May 20, 2010



There has been a lot of angst among “90210” fans about whether heartthrob Trevor Donovan, who plays surfer and tennis pro Teddy Montgomery, will be sticking around.

Now, Show Tracker can settle the anxiety. A CW spokesperson confirms to us exclusively that Trevor Donovan has been promoted to a series regular for Season 3.

Fans were surprised when Gillian Zinser was officially promoted before Donovan. He has definitely paid his dues with several stormy moments with the series’ bipolar beauty, Silver (played by Jessica Stroup).

**Can you predict where Donovan will be making a splash?**

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**CT EXCLUSIVE**

A CHAT WITH TREVOR DONOVAN

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# Getting Personal With Trevor Donovan

Interviewed by Lauren Douglass



It's been a big season on 90210, and CT caught up with Trevor Donovan just

in time for the season finale. Donovan answers what it's like to play character, Teddy, who starts off as a womanizer and then comes to a life changing discovery.

**Teddy's twist on his sexuality was a surprise to you, how do you feel about the change?**

Couldn't be happier. As an actor you seek challenging roles that take you out of your comfort zone.

**Tell us a little bit about Teddy.**

He doesn't have all the answers and is learning as he goes along. The good thing about that is the audience learns with him.

**What kind of responses have you gotten about the change?**

All positive, touching and very sincere.

**Have your fans changed or expanded?**

Not really changed, just expanded. I have the best fans! They are loyal and intelligent.

**So it is senior year this season, is it off to college next?**

For Teddy, I don't know... he might give up his family fortune and open a fried cheese stand on the Santa Monica boardwalk. Stay tuned to find out...

**Is acting something you have always wanted to do?**

No, I wanted to be a fireman/stuntman/astronaut.

**What group did you fall into in high school?**

I was into sports but not part of that crowd outside of playing the sports.

**What do you like to do when you aren't working?**

I play my guitar and I like to interact with fans all over the world on twitter @TrevDon.

**What cologne do you wear?**

It's called B.O. #3...I don't wear any.

**What is something on your bucket list?**

Invent a way to never lose socks during the washing/drying process.

## MINISTRY OF GOSSIP

A NIGHT OUT WITH ...

# Trevor Donovan

MATT DONNELLY

Trevor Donovan is a blue-eyed, handsome scamp best known for playing Teddy on the CW's "90210." Teenage Angelinos of the female variety would compare him to a young Brad Pitt when not busy shrieking, and his character's coming out has considerably raised the actor's profile. Don't waste your time counting abdominal muscles, however; let this young man show you how to paint the town red.

### Any rituals at home before you hit the town?

I hop on my right leg three times, spin around, open a book, get through 20 pages or so, play my guitar, then fall asleep and end up not going out at all.

### When you manage to get out, what's the perfect place for starter drinks or appetizers?

The closest 7-Eleven for mini liquor bottles and those delicious rotating hot dogs. If not there, then the Sunset Tower Hotel [8358 W. Sunset Blvd.].

### Your ideal Los Angeles dinner spot, and why?

STK [755 N. La Cienega Blvd.]. It's very delicious, and my friend Jonathan Segal owns it.

### Now we know who to ask for. What about your current favorite night life venues and why?



HAMA SANDERS

I'm a complete wild man. Sometimes I'll see a movie in the Cinedome at the ArcLight instead of the regular theater.

### You young actors and your fast lifestyles. Favorite dive bar?

If the Drunken Clam from "Family Guy" was real, it would be that place. But it isn't, so sometimes I'll get a bottle, a paper bag and hang out in the alley behind the Directors Guild. (Totally kidding.)

### Then how would you impress a lady with the perfect L.A. spot for a date?

This little sushi joint nearby called Kura Sushi [8162 W. Sunset Blvd.]. They greet me every time I come in. I feel like Norm from "Cheers."

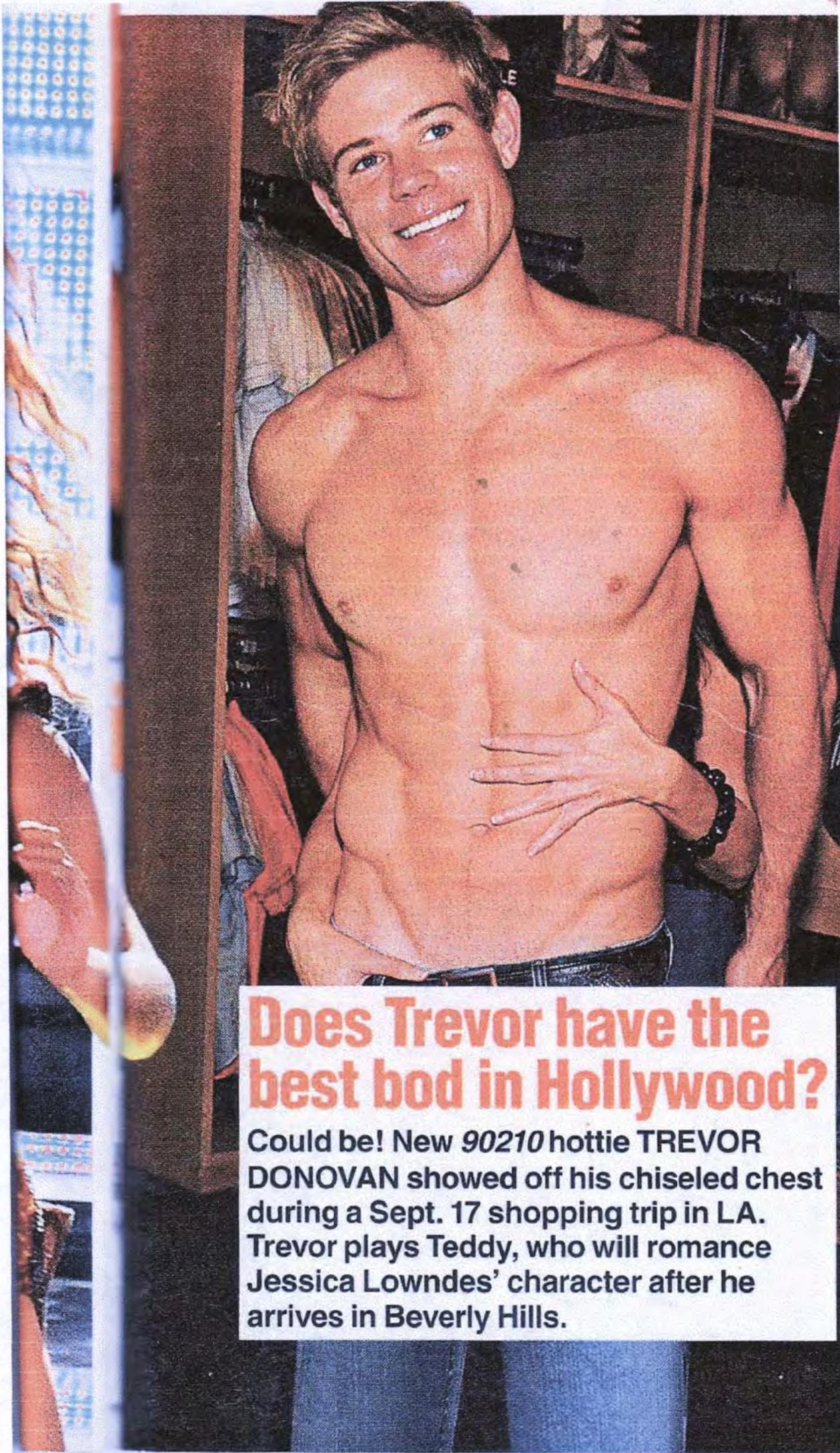
### Best place for late-night eating?

Gum, or I bite on my cheek. I don't eat past 10 p.m.

### That's commitment. Best sports bar?

The Parlor [7250 Melrose Ave.]. No joke.

matt.donnelly@  
latimes.com



## **Does Trevor have the best bod in Hollywood?**

Could be! New *90210* hottie TREVOR DONOVAN showed off his chiseled chest during a Sept. 17 shopping trip in L.A. Trevor plays Teddy, who will romance Jessica Lowndes' character after he arrives in Beverly Hills.

## PEEP SHOW!

Three makes a trend! *Desperate Housewives* diva **Eva Longoria Parker** flashed her undies beneath a frumpy robe as she dashed around the L.A. set of the comedy *Without Men* on June 9, while **Lady GaGa** caused a stir in studded panties at Citi Field in Flushing, N.Y., the next day. The see-through gown **Miley Cyrus** sported while shooting her "Big Bang" music video in Playa del Rey, Calif., on June 9 was almost demure in comparison!



## Star Shots



## Model Students

Who knew *90210* hunk **Trevor Donovan** and *Glee* hottie **Cory Monteith** are buddies? The duo palled around during a shoot for Op's fall clothing line, available exclusively at Walmart. The Back To College campaign, shot at the UCLA campus, also features *Glee*'s **Dianna Agron**, *Gossip Girl*'s **Jessica Szohr** and R&B singer **Cassie**.

## '90210': Trevor Donovan Exiting CW Soap

6/6/2011 by Lesley Goldberg



Jason Merritt/Getty Images for Alzheimer's Association

After rejuvenating life into the CW's *90210* with his character's coming out, actor **Trevor Donovan** will not return as a series regular to the young-skewing teen soap.

*The Hollywood Reporter* has confirmed that Donovan instead will recur for a handful of episodes during the show's upcoming fourth season. He joins **Ryan Eggold** and **Lori Loughlin** as cast members who are exiting the show as the series transitions with the kids of West Beverly High School heading to college.

A *90210* spokesperson said Donovan's Teddy Montgomery will return for at least five and possibly more episodes during Season 4, which begins production in a few weeks.

"We got a chance to bring to the forefront an epic storyline, that helped and entertained," Donovan [tweeted](#).



## Trevor Donovan set for 'Spring'

**'90210' thesp to star in Hallmark telepic**

Thu., Mar. 8, 2012

By Jeff Sneider



"90210" thesp Trevor Donovan is set to star in Hallmark Channel's upcoming telepic "Rites of Spring" alongside Julie Mond and Shelley Long.

Donovan will play a world-famous country music singer with a tarnished reputation and writer's block who falls for a young drama school teacher (Mond) while touring through her small town.

Thesp, who's best known for playing recently outed character Teddy Montgomery on the CW's "90210," also starred on NBC's "Days of Our Lives" and appeared alongside Bruce Willis in Jonathan Mostow's "Surrogates." He recently wrapped a supporting role in Oliver Stone's crime drama "Savages," which Universal releases July 6.

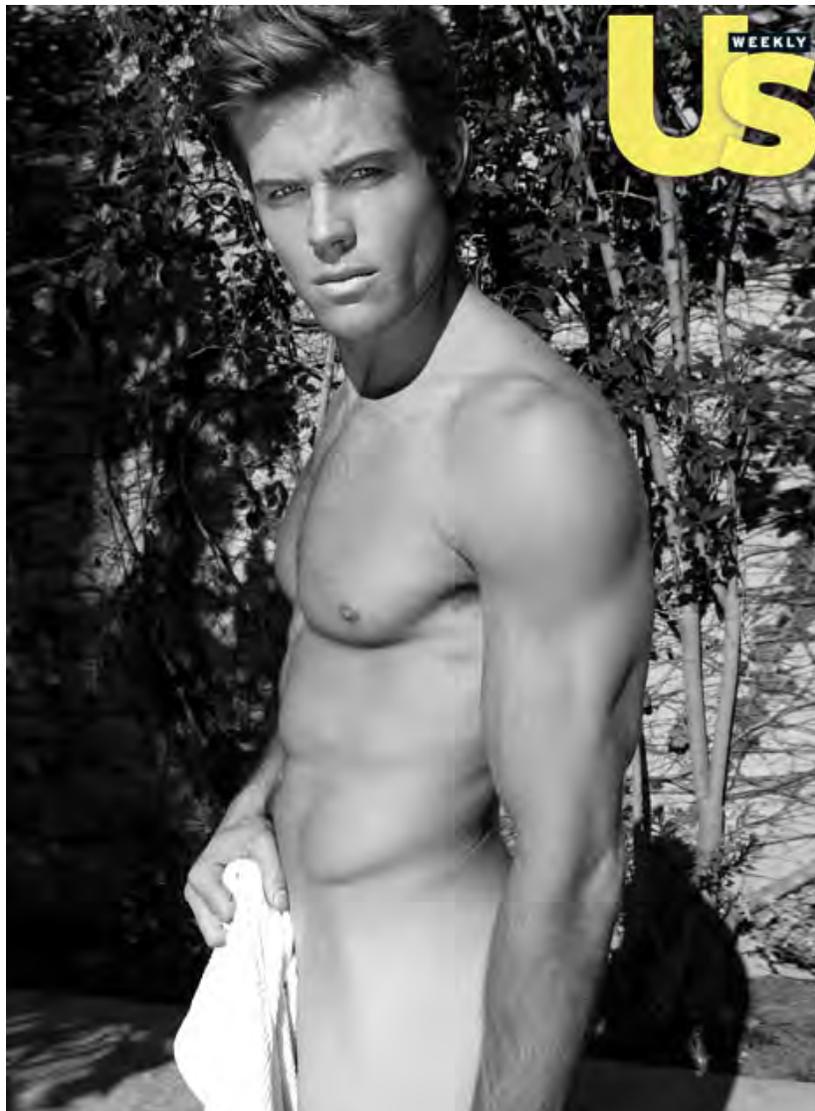
Donovan is repped by APA and manager Michael Yanni.



## Exclusive Photos: Trevor Donovan Poses Nude!

February 3, 2012

By Justin Ravitz



Credit: Alex and Steph/Lickerish

9021-Omigod!

Former *90210* star **Trevor Donovan** left almost nothing to the imagination in a recent nude photo shoot showcasing his Adonis-like bod -- in which a loosely held towel barely covers him up.

"It was supposed to be a 60s **Steve McQueen/James Dean**-type shoot mixed with 'naked in Atlantis," the actor, 33, tells *Us Weekly* of the exclusive photo, taken at a pal's house in, naturally, Beverly Hills. "But the zip code was not 90210!" jokes the hunky blond.

What did it take for Donovan to strip down? "Shots of tequila," he tells *Us*. "Just kidding! Listen, there is nothing shameful about the human body. It's a beautiful thing!"

To maintain his impressive physique, Donovan works out "every day," without a personal trainer he says. "I eat well," he adds (think lots of fish and white-meat chicken), "and do a lot of cross-fit workouts."



Credit: Alex and Steph/Lickerish

Donovan was a trailblazer on 90210 as Teddy, who came out as gay on season three of the CW smash, and has since departed the series. "To play a role so outside your comfort zone is a challenge I gladly accepted," he says of the experience. "Teddy was kind of a douche 'playa in season 2 with no substance, but season 3, he became a dudes dude...literally and figuratively!"

He teased that fans may not have seen the last of Teddy: "Who ever said Teddy's story line is over? I'll leave it at that!"

Next up, Donovan will appear alongside **Blake Lively** in *Savages*, directed by the legendary **Oliver Stone**. "Being directed by Oliver was a very cool experience."



## All in good taste

**90210 welcomes Taste of Beverly Hills**

By Jenny Peters



Actors AnnaLynne McCord, Trevor Donovan and Jessica Stroup.



## **90210's Trevor Donovan: Teddy's Internal Struggles Will Fuel More External Outbursts**

Oct 10, 2010 10:27 PM ET

by [Robyn Ross](#)



*90210*'s Trevor Donovan says he didn't want his character's gay sexual encounter "to be this in-your-face moment for a quick ratings boost."

As he spoke to the show's writers, the 31-year-old actor began to understand the arc of his character Teddy. "It's true to real life, it's happening at a pace I think it would actually happen and it's going to unfold very realistically, [and be] very heartfelt," he says.

Teddy spent last week's episode avoiding his hookup, Ian (Kyle Riabko). So Teddy was less than thrilled when his girlfriend Silver (Jessica Stroup) had Ian teach the boys a dance to perform onstage at a breast-cancer benefit. Tension came to a head when Teddy lashed out at Ian as the rest of the group stood in shock.

Donovan tells TVGuide.com that he expects more outbursts as the tennis jock struggles with understanding who he is. "Everything is so internal. He's battling with himself," Donovan says. "He's creating his own problems and ... there's going to be a lot of external struggles from other people mostly caused by his frustration, his anger, his denial and confusion."



Among his problems is with Silver. Teddy's rage left Silver appalled and she immediately told him they were over. But, Donovan says, "Ian's very understanding of where Teddy's coming from and helps mend the relationship between Teddy and Silver."

With Teddy's storyline coinciding with the recent focus on bullying and teen suicide, Donovan is joining other celebrities in Dan Savage's "It Gets Better" project with his PSA. "It's not like teen suicide or bullying is a new problem, but it has come to the forefront and it's been nationally publicized and ... it's been an amazing opportunity to educate people," he says.

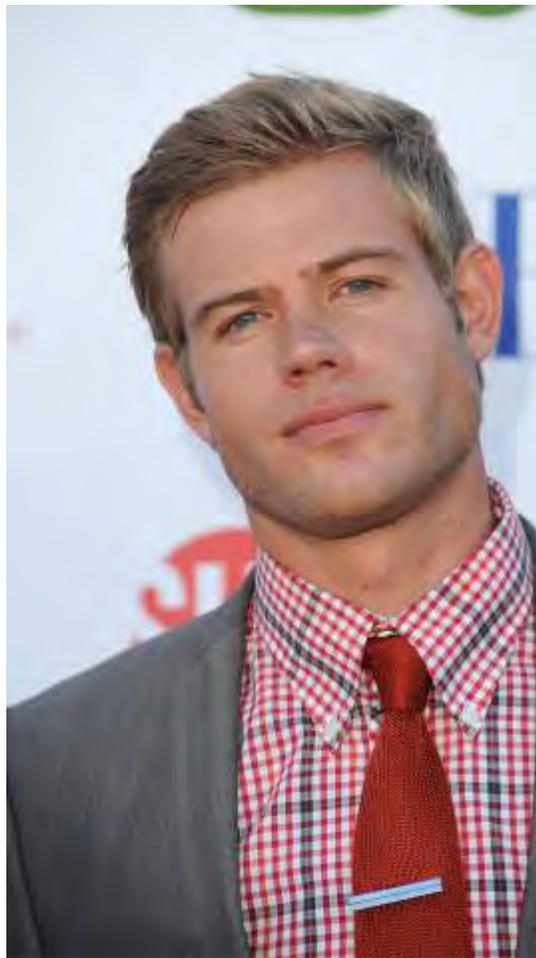
"There's more layers [this season]," he says. "On a show that can tend to be superficial we really dug down into more substance and more crucial issues."

*90210* airs Monday at 8/7c on the CW.



## **Trevor Donovan On His '90210' Exit & Those Rumor's He's Set To Play Barbie's Ken**

August 4, 2011



Credit: Getty Images

Trevor Donovan is expected to depart the halls of West Beverly High on The CW's "90210" this coming television season, and the actor tells Access Hollywood its time for his character to hang up his surfboard.

“It’s kind of run its course,” Trevor told Access at the CBS/CW/Showtime Television Critics Association Summer Session 2011 party of his character, Teddy Montgomery’s story arc. “I think that’s what’s in everybody’s mind.”

As fans of the show know, Trevor’s character, Teddy, is gay and the actor himself has helped support gay causes, including filming a PSA for The Trevor Project and the “It Gets Better Campaign.”

With his run expected to come to a close this season, Trevor said he is pleased to have brought Teddy and his far-reaching story to life.

“It’s made such a huge, positive impact,” the actor said. “But they don’t want to drag it out and I think it’s an intelligent way to go.

“They’re going to allow it to go out with a bang,” he added of Teddy’s expected departure.

So far, Trevor has filmed just one episode of The CW drama’s impending fall return, but none of the material yet paves the way for Teddy’s exit.

“I shot one episode. It’s just kind of the establishing episode, just kind of coming back from summer break,” he said.

Beyond “90210,” Trevor confirmed reports he is in the running to play a live action version of iconic doll Ken in a Barbie film.

“It’s a possibility. Mattel and Sony and [producer] Laurence Mark are doing a film — a Barbie film... so I’ve been talks,” the actor told Access.

Trevor is also gearing up to play Matt in the upcoming Oliver Stone thriller “Savages,” alongside Salma Hayek and John Travolta, and due out in September 2012.

“I’m playing Salma Hayek’s daughter’s boyfriend and I have [some] very high intensity scenes,” he noted.

“90210” returns to The CW on September 13.

# Los Angeles Times

## '90210': Trevor Donovan on his scene-stealing abs, Teddy's future with Adrianna and how he's giving back

October 6, 2009



In last week's episode of "90210," we were introduced to a rising star: Teddy Montgomery's abs. I'm pretty sure we've seen them a few times already but never as up close and personal as in Adrianna's lusty daydream. Didn't they seem to have a life of their own?

“You’ve got to imagine that I was standing there with 20, 30 people in dead silence,” explains Trevor Donovan, who plays the show’s newest golden boy and is the owner of the scene-stealing six-pack. “I wasn’t sure how they were going to cut it. You can’t see my face, but some of that movement in my belly was actually laughter.”

OK, so there’s more to the “90210” newcomer than abs. Teddy Montgomery has been shaking up the show pretty much since the moment Adrianna whisked him away from boy-starved Naomi in this season’s premiere. Since then, he has definitely upset the balance at West Bev a bit. “In the beginning, he may have said or done a few things unintentionally that may have offended a few of the people on the show,” says Donovan, 31.

Yet, the biggest offense may be tearing asunder what teen pregnancy and drug rehab couldn’t. “Some things will begin to surface and big things will come between Navid and Adrianna as this love triangle starts to form,” hints Donovan. “There’s some interesting things coming up in this next episode. Definitely some higher tension, higher stakes.”

Around the bend, Teddy may spell further trouble for Annie, as well...

“Nothing has been resolved,” says Donovan. “Teddy is part of the investigation of the homeless person Annie hit. I think they’re going to drag it out for a while.”

That’s good career news for a guy who started in modeling years before the thought of acting entered his mind. “Abercrombie [& Fitch] was my first modeling job,” recounts Donovan. “They definitely border on risqué as far as catalog photos go. There’s a lot of nudity and what not. I have done my fair share of that, and I’ve never done anything I regret whatsoever -- the majority of which I’m pretty proud of.”

While he’s definitely not shy about his body, Donovan says that auditioning for television commercials was a different story. “I was just terrified in front of the camera,” he admits. “I couldn’t even say my own name. I walked out of a handful of auditions. I mean ran out in cold sweats. I was just so nervous and insecure.”

In order to get over his fear, Donovan began taking acting classes. In the process, he began to love acting itself. Now, Donovan is in a position to offer advice to others dealing with camera fright. “I think fear is unavoidable and that, when recognized and embraced, it’s something that can work for you – especially in the audition room,” advises Donovan.



Before “90210,” the model-turned-actor landed a role on “Days of Our Lives,” allowing him some perspective between the two shows. “In daytime, you’re shooting an episode a day, which is on average about 90 pages of script a day. That is very hectic,” says the Mammoth Lakes, Calif., native. “On ‘90210,’ You get to work through it a little more. You’re not just flying through it just to get it done.”

Currently, you can find Donovan in theaters in the stylish sci-fi film “Surrogates,” starring Bruce Willis.

And Saturday, you can walk alongside Donovan in Habitat for Humanity’s 5K walk in Pacoima. “These homes are built for working families in need,” says Donovan. “The community I was out working with today in Pacoima is training a lot of the children of the families as volunteer firefighters, healthcare professionals and different things. So they’re actually educating them, as well as financially aiding them. It’s a really incredible organization.”

Donovan has another reason for wanting to see you there. “It’s kind of a battle,” he laughs. “It’s ‘90210’ versus ‘Melrose Place,’ ” says Donovan. “We’re trying to get out as many fans as we possibly can and as many of our cast and crew as we possibly can.”

If you want to join Team “90210” in this Saturday’s Habitat for Humanity 5K walk, check out [www.humanityca.org](http://www.humanityca.org).

# LOS ANGELES CONFIDENTIAL



by sari anne tuschman

The countless adoring fans of Trevor Donovan's tennis-playing character Teddy Montgomery on the new [90210](#) are bound to be, well, a little surprised when his story arc takes an unexpected turn this season as the tall, rugged Brad Pitt-esque high schooler struggles with the fact he is gay.

"Trusting me to be able to carry that storyline was extremely flattering, and I'm not going to lie, I'm a little nervous about it," says Donovan. "This is what acting's about—diving into areas you've never been before and trying to tell a story that maybe isn't told enough." In real life, the 32-year-old actor is an avid surfer and athlete. "I happened to get a few days off last second, so I bought a plane ticket and went by myself," he says of a recent trip to Mexico. "I packed a backpack and surfboard and rented a car and slept in it and went on dirt roads and got flat tires—it was awesome."

# COSMOPOLITAN

## 29 Hot Guys We Love

Thanks to the leap year, February 29 only comes once every four years. And, oh, hey—it's happening this year. To celebrate that special date, we created a list of the top 29 hottest guys around. Enjoy...

By Korin Miller



### **Trevor Donovan**

Trevor is hot. Trevor in a second-skin sweater is...wow.

# Life & Style

Thursday, September 8, 2011

## **90210 star Trevor Donovan: Playing a gay character gets me girls!**



Ever since his character came out of the closet on *90210*, **Trevor Donovan's** dating life has never been better, he confesses to *Life & Style*.

"It's been good for me," admits the actor, who plays Teddy on the CW series. "Girls want to challenge it. They kind of assume I'm [gay in real life] and try to change me back. Of course, I let them!"

But seriously, Trevor's thrilled to be a role model for teens confused about their sexuality. "I couldn't be happier," Trevor says, adding that the show "has really helped kids come out."



## Trevor Donovan: I Look Like An Older Version Of Shiloh Jolie-Pitt!

November 1, 2010



Credit: Getty Images

LOS ANGELES, Calif. -- “90210” hunk Trevor Donovan says he’s gets mistaken for one of Hollywood’s most famous offspring!

“I was recently told that I look like an older version of Shiloh,” Trevor told Billy Bush and Kit Hoover, referring to Brad and Angelina’s 4-year-old daughter, when he stopped by Access Hollywood Live on Monday.

“If you see a baby picture of me with white, white, white hair – like a stack of straw – it looks exactly like Shiloh!” the 32-year-old actor explained.

Earlier in the interview, Billy was astounded when he found out Trevor is in his 30's, something the actor credits "gallons of water a day and getting in the ocean as much as possible" for keeping him looking youthful.

"You look like a combination of Brad Pitt and Angelina Jolie," Billy remarked. "He's got the lips of Angelia and the face of Brad, he's the best looking guy in the world!"

For more with Billy and Kit's interview with the "90210" actor, whose character is coming to grips with his sexuality on the hit CW series, [CLICK HERE!](#)

"90210" airs Mondays at 8PM on the CW.



## Trevor Donovan Leaves 90210

June 6, 2011

By UsWeekly Staff



Credit: Charley Gallay/Getty Images

**Trevor Donovan's** days on *90210* are numbered.

The 32-year-old actor will not be returning as a series regular when the hit CW show returns next fall, TV Line reports. (A spokesperson for the network declined to comment.)

"I look back on getting this real-life story line as a blessing," Donovan, who joined the show in 2009, said in a statement. "To be able to simultaneously take on a challenging role and bring awareness to a relevant social issue was a win-win for me. I'm looking forward to what opportunities and adventures lie ahead."

Donovan's character was the subject of a major coming out storyline during the show's third season: his character, Teddy, had previously dated Adrianna (**Jessica Lowndes**) and Silver (**Jessica Stroup**) before beginning a relationship with Ian (**Kyle Riabko**).

Fortunately for Donovan's fans, the actor tweeted that he will return as a guest star for "a handful of shows" when his costars' characters begin college in season 4.



## Young Hollywood Shines Bright at Breakthrough Awards

By Brittany Talarico  
August 16, 2010



**AnnaLynne McCord**, **Trevor Donovan** and **Dianna Agron** were just a few of the hot, young celebs that hit the carpet Sunday night at the Breakthrough of the Year Awards in L.A. AnnaLynne was honored with the Breakthrough Standout Performance award and sisters **Rachel** and **Angel McCord** were on hand to celebrate!



**EXCLUSIVE!**

## ***90210*'s Trevor Donovan Reveals How Far His Gay Love Scenes Will Go**

Mon., Nov. 1, 2010 by Megan Masters



Michael Desmond/The CW

Sorry, **Jessica Stroup**, your **Trevor Donovan** smoochin' days on *90210* are over.

Or are they? (That's a single eyebrow we're arching for dramatic effect.)

Trevor just spilled the goods about what's coming up as his character, Teddy, learns to come to terms with his sexuality—and just how hot and heavy his same-sex love scenes will be...

Some of you fans (like, um, *us*) may have been wondering why the *90210* Powers That Be chose Teddy, the womanizer of Beverly Hills, to struggle with his sexuality this season. Spoiler alert: Trevor was pretty shocked, too.

"Initially, it came out of left field," he laughs. "I had no idea that it was going to happen. So over the hiatus, the producers and writers told me the direction that it was going in. None of us wanted it to be a flash in the pan, or shock value for ratings. We wanted to tell realistic stories, this kid battling and coming to terms with who he was, and how painful and difficult it is. Once that was discussed, I was flattered that they thought I could take it on because it is so challenging. And it puts a lot of substance into a show that tends to be a little more superficial."

Trevor also tells us that while *90210* is known to show some risqué love scenes, that won't be the case for Teddy and Ian (**Kyle Riabko**). At least not yet.

"The point to the storyline is his struggle coming to fruition, coming to that realization," he explains. "Of course to actually portray it realistically there's got to be a little bit of intimacy, which has come up to a point, but you can only go so far—it's the CW."

And just so all you Silver-Teddy-loving types are in the know, Trevor tells us we shouldn't rule out more kissing between the two. "If I have anything to say about it!" he says with a laugh. "I don't think it's a black and white thing; I don't think he just jumps in and goes on the other side. There's got to be a little gray area where he goes back and forth."

"I want this to be nothing but a positive message, [to] shed some light and open people's eyes," Trevor says. "[I want to] progress and change the way society views homosexuality. It's an extremely important storyline to convey as truthfully as possible."

Don't miss a big part of the Teddy twist tonight on *90210* at 8 p.m. on the CW.



## Introducing OK!'s 50 Sexiest Singles!



Trevor Donovan, 31, plays hottie Teddy on the CW's "90210." (Photo by Kevin Winter/Getty Images)



## Trevor Donovan Leaving *90210* — But There's a Catch

Jun 6, 2011  
by Natalie Abrams



First, the adults who play the adult characters on *90210* leave, and now one of the adults who plays a kid is hitting the road.

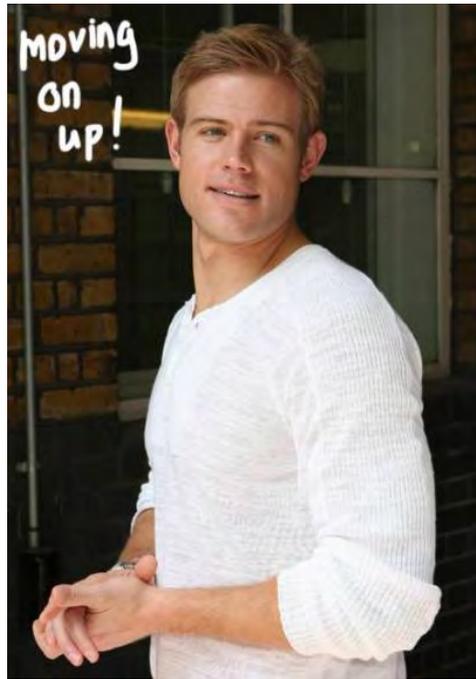
Trevor Donovan will not be returning as a series regular on *90210* next season, TVGuide.com has confirmed.

The 32-year-old actor, who plays high school senior Teddy, enjoyed the spotlight in Season 3 when his character came out the closet. Donovan will appear in about five episodes as a guest-star when the show returns this fall.

"Before everyone gets all upset, I'll be back as a guest star for a handful of shows," Donovan tweeted Monday. "Look at it this way...we got a chance to bring to the forefront an epic storyline, that helped and entertained, I got to meet all of you...and you get come along with me where ever I go next.. It's not over.....it's new beginning!!! Thanks for the support....you guys are the best ever."



## Trevor Donovan Gets Work Post-90210!



As sad as we are to see him leave the show, this is a massive opportunity for him!

We were bummed to report that **Trevor Donovan** had gotten cut from the cast of the upcoming season of *90210* as the HOMOlicious teen **Teddy**, but it looks as though he won't be shedding any more tears about the snub, as he's been offered a role in the new **Oliver Stone** flick drug flick *Savages*, alongside **Blake Lively**, **Uma Thurman**, and **John Travolta**!

Sources reveal to us that the actor will reportedly portray the boyfriend of the daughter of **Salma Hayek**'s character.

Nice! This is definitely a step in the right direction!

So exciting!

Can't wait to see where your career takes you, bb!

# Trevor Donovan Returns To '90210'

*March 2, 2012*



Actor Trevor Donovan is returning to his role on the CW series **90210**, leaving many wondering what's in store for Teddy. According to Zap2It, Donovan will return for one episode after leaving the posh zip code and Silver (Jessica Stroup) behind to move to Washington with his boyfriend Shane (Ryan Rottman). Of course 90210's Teddy will only be paying the series' residents a visit if The CW picks up the show for a fifth season. So far things are looking good for a renewal.

In the meantime, Donovan has released a statement, joking about his reprisal of Teddy. "I said I would come back for an episode if they agreed to make it black and white, and silent." The date of his return and the storyline is being kept under wraps by show runners and the network. They have however given a little clue as to what fans can expect with a teaser that "Teddy reunites with an old West Bev classmate, he'll face a life-changing decision."

Over the years Trevor Donovan has appeared in the soap opera drama 'Days of Our Lives', 'CSI: Crime Scene Investigation', the movie 'Savages', 'Takers', 'Quintuplets', 'Birds of a Feather', 'Takers', and more. Donovan is also rumored to be a part of the upcoming production entitled 'Mean Cuisine'.

Are you excited to see Teddy make his way back to '90210'? Drop us your comments below.

# Chicago Tribune

## **Trevor Donovan set for 'Spring': '90210' thesp to star in Hallmark telepic**

Jeff Sneider  
March 8, 2012

"90210" thesp Trevor Donovan is set to star in Hallmark Channel's upcoming telepic "Rites of Spring" alongside Julie Mond and Shelley Long. Donovan will play a world-famous country music singer with a tarnished reputation and writer's block who falls for a young drama school teacher (Mond) while touring through her small town. Thesp, who's best known for playing recently outed character Teddy Montgomery on the CW's "90210," also starred on NBC's "Days of Our Lives" and appeared alongside Bruce Willis in Jonathan Mostow's "Surrogates." He recently wrapped a supporting role in Oliver Stone's crime drama "Savages," which Universal releases July 6. Donovan is repped by APA and manager Michael Yanni.

# THE HUFFINGTON POST

## Trevor Donovan Running Shirtless In Los Angeles

09/13/11

"90210" hunk Trevor Donovan didn't leave much to the imagination while jogging in Los Angeles this week.

According to Bauer-Griffin, the actor is rumored to be playing Ken in an upcoming 'Barbie' project, which could explain why he's beefing up his fitness routine.

Hopefully we'll be seeing more of Donovan, 32, soon -- but don't expect to see too much of him on the small screen this fall. The actor confirmed he'll only be appearing in "a handful of shows" in the new season of "90210."





## Get to Know *90210*'s Trevor Donovan

Get to know hottie *90210* heartthrob Trevor Donovan, and find out what he loves (and hates) about everything, from girls to food!



Smooth Move

**How old were you when you had your first kiss?**

Kindergarten. This girl pulled out a mistletoe and kissed me.

A-List Ladies

**Who's your celebrity crush?**

Jennifer Aniston or Emma Stone.

Fashion (Non)Sense

**What's the girl fashion trend that confuses you most?**

Ugg boots with leggings or shorts.

Sensitive Guy

**What's the chick flick you secretly love?**

*The Holiday.*

TV Junkie

**What's your TV guilty pleasure?**

*90210* of course, and I really like *The Simpsons*.

Or Just Brad Pitt?

**Who would play you in the movie version of your life?**

Hmm... Either Big Bird from Sesame Street.... or Brad Pitt's son 20 yrs from now.

He's Got it All

**What's your dream job?**

I'm doing it.

Multi-Tasker

**If you could trade places with anyone in the world for one day, who would it be?**

Ryan Seacrest because he's like a vampire and does not have to sleep...ever.

Bros and BFFs

**Who in your family are you closest to?**

My brother Jake.

Tweet, Tweet

**What's your favorite website?**

Probably [twitter.com/trevdon](https://twitter.com/trevdon) because I can interact directly with fans.

Passion for Pizza

**What's the fast food you can't live without?**

I don't eat fast food, but I can't live without pizza.

An Apple a Day...

**What's your worst habit?**

I eat apples whole, seeds and all... yes, like a horse.

Making Time for Music

**What's the last song you listened to on your iPod?**

Social Distortion's "Don't Take Me For Granted"

What's the Return Policy?

**What's the last thing you bought?**

A new phone that broke in less than a day.

Literary Dreamer

**What did you dream about last night?**

I was fighting in the Hunger Games arena and I could fly.

Where'd the Cash Go?

**How much money is in your wallet right now?**

None right now, but I have a receipt so I must have had money in there at one point.

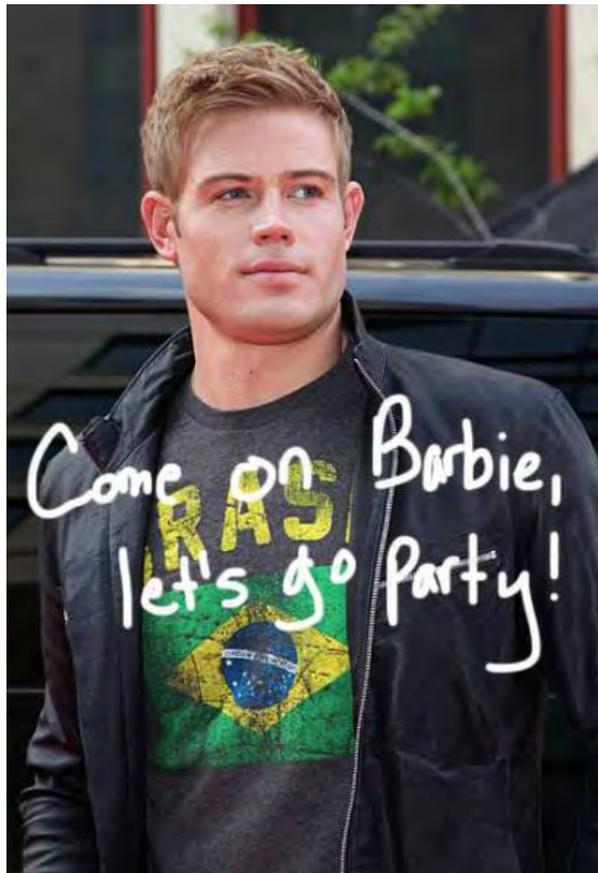
Shy Sweetie

**Fill in the blank: When I was 17, I was \_\_\_\_\_.**

So shy I could barely speak or introduce myself to anyone.



## Live-Action Barbie Flick Finds A Ken In 90210 Stud Trevor Donovan



At least that's the rumor.

| In case you weren't aware, when Barbie celebrated her 50th birthday anniversary two years ago, Mattel announced that the company had plans to team up with *Dreamgirls* producer **Laurence Mark** to develop a live-action flick based the luckiest piece of plastic on the planet! (Seriously, she has EVERYTHING!!!)

Well, there's still no word yet on how the movie's plot is doing - or what it is - and there haven't been any names mentioned to take on the role of the iconic doll. However, we have heard some buzz on who might be playing her love interest - Trevor Donovan!

Reportedly, Trevor just recently met with producers about the role and it sounds like things went very well!

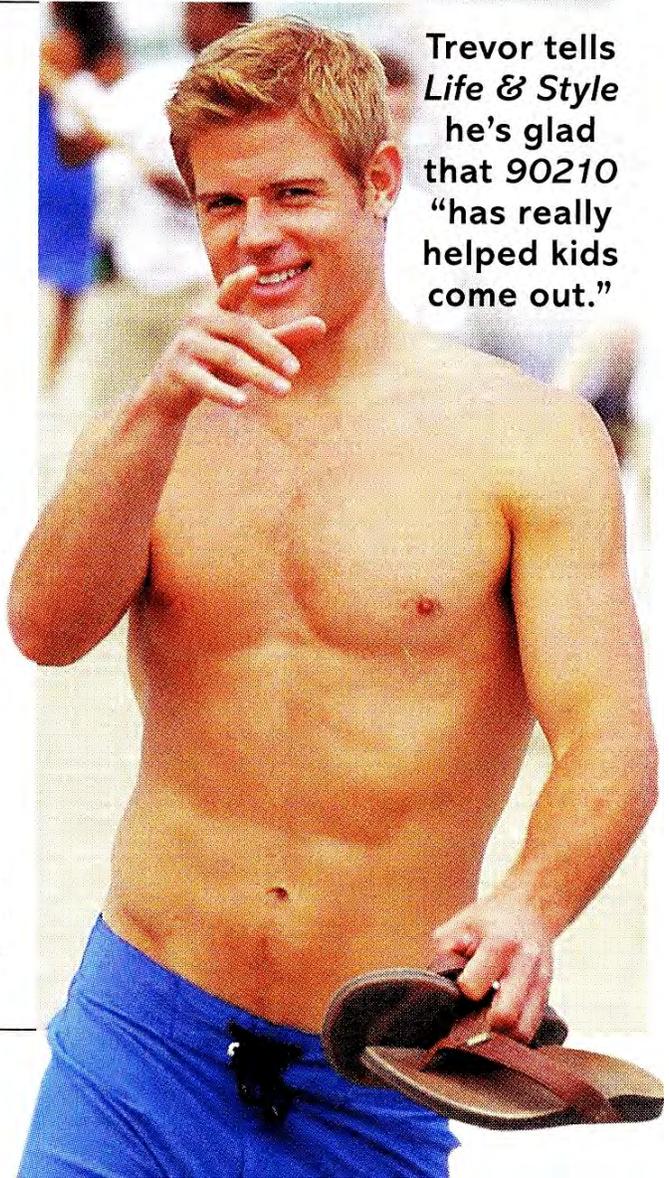
He'd certainly be our pick! That hair, those eyes, his chiseled abs of perfection....

Um, can we play Barbie??? PUH-LEASE???

## 90210 Star: Playing Gay Gets Me Girls

Ever since his character came out of the closet on *90210*, Trevor Donovan's dating life has never been better, he confesses to *Life & Style*. "It's been good for me," admits the actor, who plays Teddy on the CW series. "Girls want to challenge it. They kind of assume I'm [gay in real life] and try to change me back. Of course, I let them!" But seriously, Trevor's thrilled to be a role model for teens confused about their sexuality: "I couldn't be happier."

Trevor tells *Life & Style* he's glad that *90210* "has really helped kids come out."





## '90210' hottie could play Ken in Barbie movie

Mattel has teamed up with producer for live-action film about iconic doll



Getty Images, Mattel

By Marc Malkin  
8/3/2011

If there's anyone who should play Ken in the upcoming live-action Barbie movie, it has to be Trevor Donovan.

Seriously, the "90210" hottie is a walking Ken doll.

Well, guess what?

I hear Mr. Donovan has met with producers and is now in the running for the role of Barbie's beau. Mattel marked Barbie's 50th anniversary two years ago by announcing that the company

had teamed up with "Dreamgirls" producer Laurence Mark to develop a live-action flick based on the iconic doll.

Barbie has had many Hollywood incarnations since she debuted in 1959, most recently voiced by veteran voice actress Jodi Benson in "Toy Story 3." Ken was voiced by Michael Keaton.

What the plotline of the Barbie movie will entail is anybody's guess right now. The filmmakers certainly have a lot to draw from.

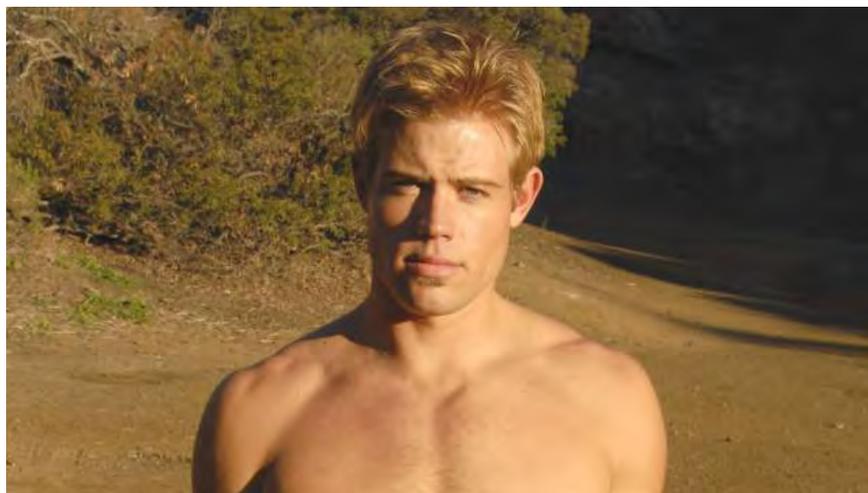
A romantic comedy comes to mind, especially after Mattel announced in 2004 that the couple had split up after being together for 43 years. But two years later, they got back together after Ken had a makeover that included board shorts and a white T-shirt.

Yes, I realize I'm talking about a pair of dolls.



## Former 'Days' Star Trevor Donovan Heads To '90210'

June 29, 2009



Credit: Getty Premium

LOS ANGELES, Calif. -- Former "Days Of Our Lives" hunk Trevor Donovan is heading to West Beverly.

The actor and well chiseled ex-Abercrombie & Fitch model will play Teddy on The CW's "90210," a rep for the network confirmed to Access Hollywood.

Teddy will be a charming tennis star and son of a celebrity, The CW told Access. The actor, 30, will play a high school junior in the series which stars Shenae Grimes, Ryan Eggold and AnnaLynne McCord.

Trevor is the latest handsome gent to join the show. Matt Lanter, who plays bad boy Liam Court, joined the cast last fall.

Production has resumed on the series in recent weeks.

"90210" returns this fall on The CW.



## **Trevor Donovan Is Coming Back To 90210! Hooray For The Return Of Teddy!!!**



After everything we've been through with **Teddy**, we're SO excited to hear that he's returning!!!!

We've JUST learned that **Trevor Donovan** will be coming back to The CW's 90210 this year, to reprise his role as Teddy!

Details are scarce, but so far we're hearing the following about his upcoming appearance:

"When Teddy reunites with an old West Bev classmate, he'll face a life-changing decision."

Oh boy! We are TOTALLY intrigued, and we will DEFINITELY be tuning in!

See ya soon, Teddy!!!!!!

## "90210"'s Trevor Donovan is as Smart, Funny and Humble as He is Handsome

Posted by Michael Jensen



*Trevor Donovan*

**If you already watch *90210*** on The CW, you're *well* aware of the fact that **Trevor Donovan** actually looks as if he might have the blood of a Greek god flowing through his veins. And you've likely already noted that he's quite a fine actor as well, doing wonders with the rather brief screen time afforded to his character **Teddy Montgomery**, who has spent this season dealing with his sexuality.

But what you might not yet know is that Donovan is also funny, smart and humble.

It's almost enough to make you hope he has a *really* bad case of bad breath just so he's not completely perfect.

**No doubt Donovan isn't perfect** and given how gracious he was during a recent interview with AfterElton.com, he wouldn't want to be portrayed that way. Nonetheless, as Donovan discussed what playing the part of a gay teen has meant to him personally, as well as the novelty of having to tilt his head upward in an upcoming kissing scene with **Alan Ritchson**, Donovan comes as close to perfect as actors probably get.

No doubt his breath is minty fresh as well.

**AfterElton: Have you been surprised by how much interest Teddy's storyline has generated?**

**Trevor Donovan:** To the extent to which it's being publicized, yes. As we were filming and as I saw the scripts coming out from episode to episode, and how well they were writing it, I knew it was going to get a lot of positive reaction. I was so impressed but to the extent of everything I am pretty shocked, pleasantly, obviously, to have gotten nothing but positive feedback.

**AE: Why do you think there has been so much interest for this particular storyline for you?**

**TD:** With everything going on in Teddy's life, with him being the son of a movie star, his life already in the limelight and already being publicized and the expectations his womanizing father has of him, and being the athlete and being the womanizer he is. All these things he thinks he's supposed to be and realizes he isn't and it comes out of left field and nobody expects it and that's the interesting part of the storyline. Someone who is the non-stereotypical person and really breaking down the stereotype and I think that's what the network really wanted to do. And it's telling it truthfully.

**AE: I've been impressed with the job you've done portraying the character and the storyline.**

**TD:** And I have read your recaps a lot and I'm not going to hold you to your New Year's Resolution. You can go ahead and talk about my age as much as you want.



**AE:** [laughs] I may tease you about your age, but I hope I've communicated how much I like the character. I don't think I've read a negative reaction from the readers. They all really appreciate you and the storyline. I'm older than you and considerably less good-looking than you, so I have to tease you about *something*.

**TD:** [laughs] Michael, I appreciate that and without the ribbing, without the joking it wouldn't be as much fun.

I am so pleasantly surprised with the reaction and people have been so supportive. I love my job, I truly, passionately love what I do, but when you read comments and messages on Facebook or on the blogs or on your website, and they are tear-jerking messages that are so heartfelt and I really feel like I'm making a difference in people's lives, and it just makes my job so much more fulfilling.

# JUST JARED®

## Trevor Donovan: Shirtless for 'Da Man' Magazine

Thu, 31 March 2011 at 6:50 am



Trevor Donovan goes shirtless in a spread for *Da Man* magazine's April/May 2011 issue, featuring cover guy Shiloh Fernandez!

Here's what the *90210* actor had to share:

**On embracing his character's coming out of the closet:** "It's every actor's wish to get a challenging role and to take it on to the best of their ability. [Teddy] used to be a womanizer and a player and he starts to carry that over into his gay life."

**On how *90210* is changing:** "The show is beginning to touch on more serious issues concerning sexual identity. It's quite a change and it's made the show less superficial and given it more depth."

**On what he did before acting:** "One of my former jobs was [being] an Abercrombie & Fitch model, among other jobs. I am proud of my body and not ashamed of it."



## '90210' Star Trevor Donovan Reveals He Will Play Ken In Upcoming Barbie Movie

November 15, 2011  
By Kelly Ballhorn

"90210" is back on the CW tonight after last week's big episode featuring **Tedy Montgomery's** gay Vegas wedding. It looks like Trevor Donovan, who plays Teddy, will be playing a very iconic role in the near future: A plastic man of sorts.

Trevor confirmed he's set to play Ken in the upcoming **Barbie Movie**. There's no script yet and as far as we know, no Barbie has been cast. Honestly, Trevor is the perfect fit for Ken.

# Who'd You Rather: Hammer VS Donovan

Author: Tyrell Date: Feb 8, 2012



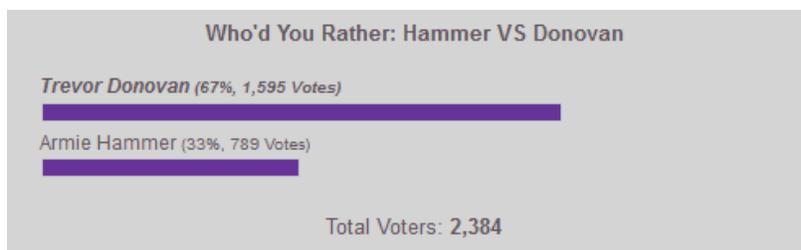
This week, **Trevor Donovan** posed with only a towel in *Us Magazine* and the black and white photo shared a striking resemblance to **Armie Hammer**. So, I decided to pair them against each other for this week's **Who'd You Rather**.

**Armie Hammer** is a Los Angeles native with ties to the business running in the family. His dad owns **Armand Hammer Productions** which is a film/television production company. When he was seven, his family moved to the Cayman Islands but settled back in L.A. after five years. Armie is best known for playing both **Winklevoss twins** in *The Social Network* and can be seen next in the upcoming fairytale remake of Snow White titled *Mirror Mirror* where he plays **Prince Andrew**.

**Trevor Donovan** is also a California native, growing up in Mammoth Lakes. This enabled Donovan to become quite the avid skier and snowboarder and in his teens, became a member of the **US Teen Ski Team**. Aside from being great at almost any sport he tries, Trevor also plays guitar and can sing playing in punk bands a lot through high school. Career wise, Trevor made a few appearances on *Days of Our Lives* but hit it big as Teddy Montgomery on **90210**. His character came out on the show last year, making it a huge statement for the CW network.



### Who'd You Rather: Hammer VS Donovan



[Alleged vampire skeletons unearthed in Bulgaria](#)

POP2IT MAIN

[Sheryl Crow: 'I have a brain tumor'](#)

## ZAP2IT FIRST

## 'Hunger Games: Catching Fire' casting: Finnick hopefuls narrowed to 8 including Trevor Donovan and Lucas Till

By Carina Adly MacKenzie June 5, 2012 3:03 PM ET

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Fans of "**The Hunger Games**" are anxiously awaiting news as to who will play Finnick Odair, a Hunger Games returning champion who competes with Katniss and Peeta in the sequel, "**Catching Fire**," and goes on to play a key role in the final chapter, "Mockingjay."

Though Lionsgate will not confirm casting news until the role has been finalized, sources tell **Zap2it** exclusively that the field has been narrowed to eight actors. **Armie Hammer** and **Garrett Hedlund** remain on the short list, whereas **Taylor Kitsch** is not taking meetings about the role.

As we previously reported, however, award-winning casting director Debra Zane is not *only* looking at big names for the highly sought-after role. Actors read for the casting department this week, and while we can't reveal the full list, we've

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## HOT BODIES 2012 »

### TOP STORIES

**BREAKING**  
① Miley Cyrus Engaged to Liam Hemsworth! »

② Amanda Bynes Charged With DUI, Asks Obama to Get Cop Fired »

③ John Mayer Slams Taylor Swift: She "Humiliated Me" »

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④ Why Kelly Clarkson Decided to Lose 30 Pounds! »

⑤ Mary-Kate Olsen Dyes Her Hair Brown! »

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## PICS: Hollywood's Hottest Hunks: Zac Efron, Chris Evans, Trevor Donovan and More!

CELEBRITY BODY JUNE 5, 2012 AT 8:45PM BY ZACH JOHNSON

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Chris Evans, Zac Efron, and Trevor Donovan  
Credit: Eric Ford/On Location News; PacificCoastNews.com; The Media Circuit

With temperatures rising, Hollywood's hottest hunks are doffing their tops and unveiling their seriously sexy beach bodies.

## Trevor Donovan & Josh Hutcherson Are GLAAD To Meet Each Other!

Filed under: [Exclusives!](#) > [Gay Gay Gay](#) > [90210](#) > [Trevor Donovan](#) > [Hunger Games](#) > [Josh Hutcherson](#)



Everyone, prepare yourselves for a little T&A T&J!

In these EXCLUSIVE photos sent to us from last night's festivities, seems **Josh Hutcherson** made time to make a new friend! His path crossed with former **90210** stud **Trevor Donovan** while working the red carpet at the GLAAD Awards!

OMG! Inspiration JUST hit!

## Trevor Donovan Hangs With Bill Clinton And The Dalai Lama

Filed under: [Politik](#) > [Bill Clinton](#) > [Trevor Donovan](#) > [Hunger Games](#)



Even world leaders can't resist the hunky-hunkness that is **Trevor Donovan!**

(Just another reason why he should be **cast** as Finnick Odair in the next *Hunger Games*!)

The *90210* mingled with some of the most powerful people in the world during the 12th World Summit of Nobel Peace Laureates in Chicago last week.

Among those excited to shake Donovan massive man-hand included:  
[Read the rest of this entry »](#)

[Image via [WENN](#).]

## Hunger Games: Trevor Donovan WAS In Talks To Be Finnick Odair

Filed under: Film Flickers > 90210 > Trevor Donovan > Hunger Games



Tributes, we have some bad news. Very sad indeed.

Hunky **Finnick Odair** look-alike, **Trevor Donovan**, will NOT be playing the District 4 champ in *Hunger Games: Catching Fire*.

The brokenhearted *90210* star announced the news via Facebook, posting:

"It's been a fun ride, but the Finnick Odair journey is over for me, the honor of playing him will go to another, well deserved individual, I'm sure... I'm still, and will always be a true blue *Hunger Games* FAN, that will never change... xo"

BUT wheeeeeeyee??

Trevor was PERFECT for the part! But alas, we suppose he's right. The part will go to another deserving sexpot.

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FOLLOW: [@TrevDon](#)

When we found out that brooding pretty boy Teddy from "90210" was freakin' hilarious, we were surprised, too. But Trevor Donovan is one of our favorites to follow for two reasons: his humor and his frequent activity. Though Trevor peppers in thought-provoking questions and quotes, they're well balanced with [lively gags](#): "If the new #Pope sees his shadow there will be 2000 more years of Catholicism, if he doesn't Armageddon is imminent." [less ▲](#)

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**LOL** **OMG** **LOVE** **ROFL**

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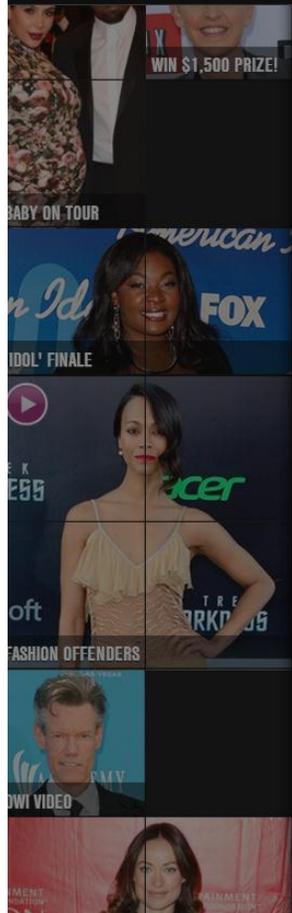
**Trevor Donovan** [@TrevDon](#) Following

If ur in a relationship with a 300 yr old vampire & he won't turn u into one, so u both can be together forever.....He's just not that into U

Surface



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# '90210' Alum Trevor Donovan to Star in Amish Drama 'Love Finds You in Charm' (Exclusive)

TV | By **Tim Kenneally** on October 27, 2014 @ 5:03 pm

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Getty Images

## RELATED



**UP TV Movie also stars Danielle Chuchran, Drew Fuller and Tiffany Dupont**

Trevor Donovan is heading for Amish country.

"90210" vet Donovan will star in the upcoming UP TV movie "Love Finds You in Charm," a follow-up to this year's "Love Finds You in

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# Christopher McDonald, Trevor Donovan Join History's Texas Rangers Mini; S. Epatha Merkerson In NBC's 'Babylon Fields'

by [The Deadline Team](#)

March 13, 2014 5:36pm



**Christopher McDonald** (*Requiem For A Dream*) and **Trevor Donovan**



(*90210*) have joined the killer cast of History's miniseries

*Texas Rising* (working title) from A+E Studios and ITV Studios America. Leslie Greif (*Hatfields & McCoy's*) is exec producing the project which will detail the Texas Revolution against Mexico and the rise of the legendary Texas Rangers. Roland Joffé will direct. McDonald, repped by Gersh and Brillstein, will play Henry Karnes, a grizzled, tough taskmaster of the ranging company. Donovan, with APA and Michael Yanni Management, will play Kit Acklin, a handsome, wise-ass, expert horseman whose chivalry and equestrian skills are matched only by his gun-fighting prowess. Bill Paxton, Brendan Fraser, Ray Liotta, Jeffrey Dean Morgan, Thomas Jane, Olivier Martinez, Chad Michael Murray, Michael Rapaport and Max Thieriot round out the all-star cast.

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THE HISTORY CHANNEL:

# New miniseries 'Texas Rising' includes Las Vegas cast and crew



THE HISTORY CHANNEL

Trevor Donovan stars in the new miniseries "Texas Rising" on the History Channel.

By Robin Leach (contact)  
Tuesday, Jan. 13, 2015 | 4:34 p.m.

Las Vegas has a double connection to

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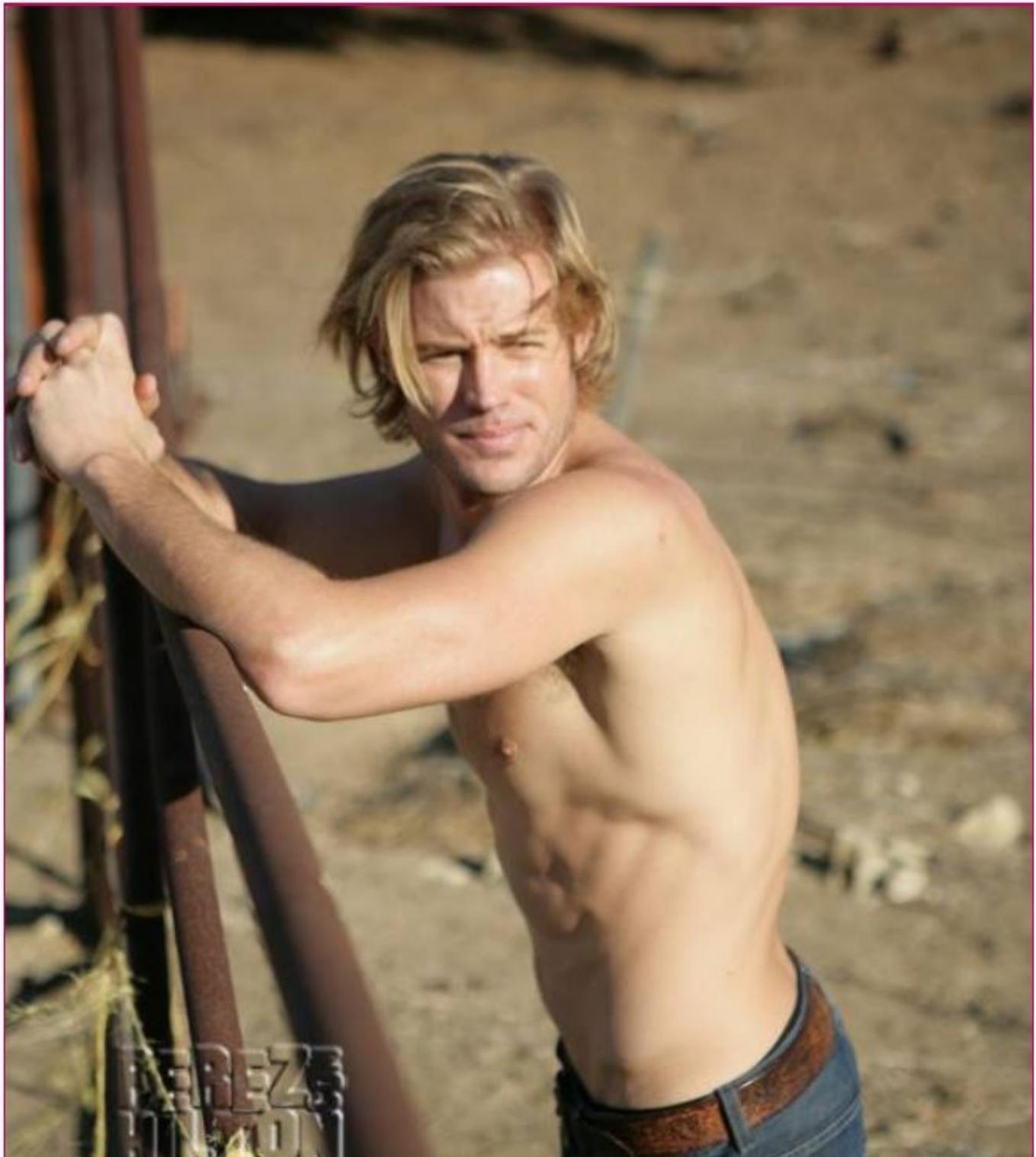
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# EXCLUSIVE! *Texas Rising* Star Trevor Donovan Shows Off His New Locks For A New Role!

12/02/2014 3:50 PM ET | Filed under: [Exclusives!](#) • [Trevor Donovan](#)

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# First Look: Trevor Donovan in “Texas Rising”

by [Aaron Landry](#) | September 11, 2014

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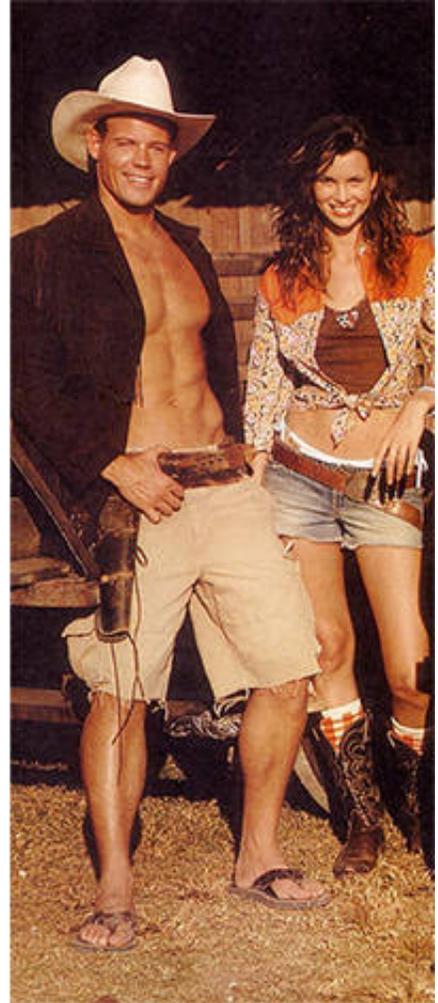
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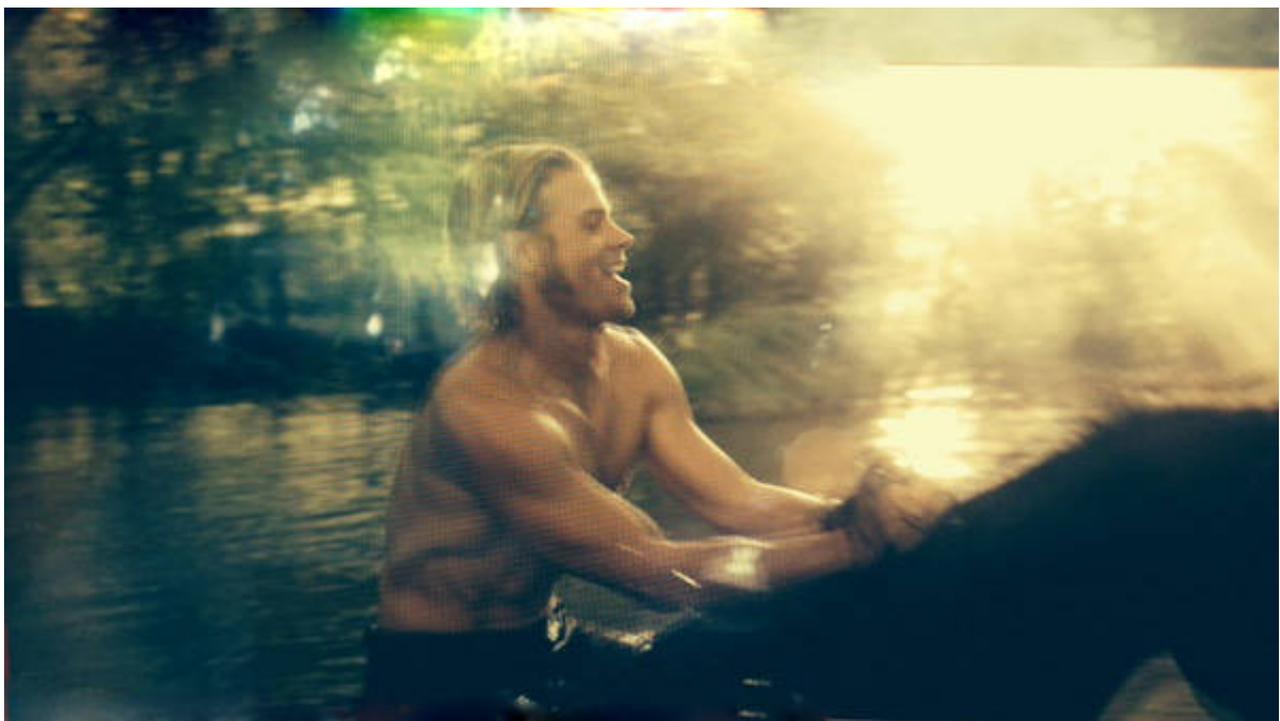
The **History Channel** has had some major past success with period miniseries (*Hatfield & McCoy*s) so they’re hitching their (covered) wagon to the lone star state. The network is currently filming *Texas Rising*, an eight-hour miniseries about the Texas revolution and the rise of the Texas Rangers (the oldest state law enforcement agency in North America.)

The project has an impressive cast, folks like **Jeffrey Dean Morgan**, **Chad Michael Murray**, **Ray Liotta**, **Oliver Martinez**, **Max Thieriot** (from *Bates Motel*), but we’re most interested in **Trevor Donovan**’s participation (Donovan has been a favorite with TheBacklot readers since his days as **Teddy Montgomery** on *90210*.)

First off, we know Donovan looks mighty fine in a cowboy hat.



Second, seems like the character he plays in *Texas Rising* (“**Kit Acklin**“) enjoys riding horseback shirtless. We were sent along these shots of Donovan on location in Texas filming a scene...





Wish we had a better look, but this will have to do for now.

***Texas Rising*** will air on The History Channel starting May 25, 2015.

You can follow Trevor Donovan on Twitter [@TrevDon](https://twitter.com/TrevDon)

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## Thriller Novel 'The Man Who Wasn't' In Talks For TV Adaptation Starring Trevor Donovan

By Ross A. Lincoln on Aug 18, 2015 3:34 pm



[Thomas Caplan](#)'s Ty Hunter series of novels about a military badass-turned-movie star-turned-spy might be going to the small screen. Producer [Garth Ancier](#) is in talks with Caplan to develop the series for television, with [Trevor Donovan](#) (History's *Texas Rising*) attached to the series in the lead role.

The books follow movie star Ty Hunter, an A-list idol whose past as a covert operative leads to his recruitment by the President of the United States to stop the trafficking of illicit nuclear weapons, re-igniting a clandestine career where Hunter's fame becomes his cover. The first book, *The Spy Who Jumped Off the Screen*, was released in 2012 with a forward by former President Clinton. The proposed series would be based on *The Man Who Wasn't*, the upcoming second book.

Donovan is repped by manager Michael Yanni and APA.

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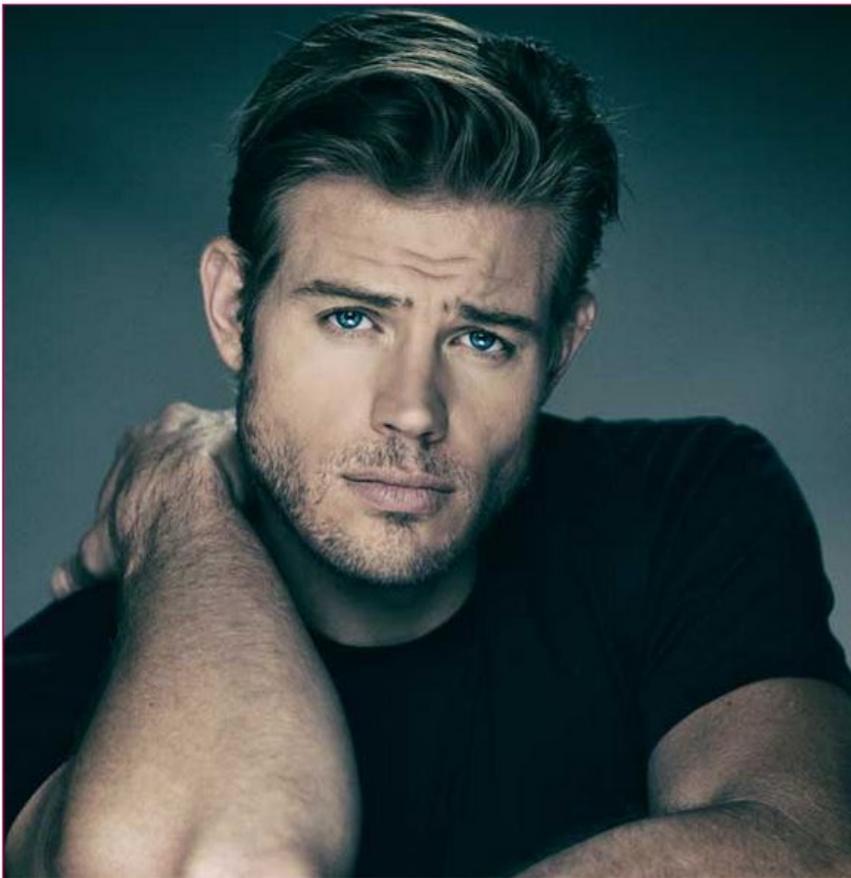
This article was printed from <http://deadline.com/2015/08/garth-ancier-thomas-caplan-the-man-who-wasnt-1201501194/>

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## Trevor Donovan Proves He's Still One Of The Hottest Guys On The Planet — See EXCLUSIVE New Pics HERE!

5/01/2015 3:50 PM ET | Filed under: [Exclusives!](#) • [Yummy Yummy Screw](#) • [Photos!](#) • [Trevor Donovan](#)

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## TOP STORY

**Emma Roberts, Ariel Winter, & Laverne Cox Show Off In Slinky Gowns At HBO's Emmys After-Party!**



Have you ever seen so many stunning ladies on one red carpet??

**Emma Roberts, Ariel Winter, and Laverne Cox** didn't just pull out all the stops for the **Emmys**, but also HBO's after party in El Lay on Sunday night!

It's almost too much to handle. Almost!

**Related: Sarah Hyland & Ariel Put Their Curves On Display At The Emmys**

But Emma swapped out her **pretty pink number** for a slinky black gown, complete with a matching clutch and a whole assortment of jewels.

It's very **American Horror Story**-themed!

Meanwhile, the **Modern Family** starlet looked stunning in yet another body-hugging dress.

We didn't think we could love a look more than the red piece she wore earlier in the night, but this sparkling number comes very close!

And last but definitely not least, Laverne opted for

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**Trevor Donovan Could Not Be Sexier In His Texas Rising-Inspired Photo Shoot**

## EXCLUSIVE! Trevor Donovan Could Not Be Sexier In His Texas Rising-Inspired Photo Shoot

8/03/2015 5:25 PM ET | Filed under: [Exclusives!](#) • [Photos!](#) • [Trevor Donovan](#) • [Abs](#) • [Skin](#) • [Body](#)

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Yes please!

It's no secret that we find **Trevor Donovan** to be **one of the sexiest men** in Hollywood.

But in case you had forgotten how smokin' the 36-year-old actor is, we got our hands on an **exclusive** photo shoot he just did with celebrity photographer **Devin Dygert!**

**[ Photo: Check Out A Shirtless And Sexy Trevor Donovan! ]**

Trevor's manly shoot was inspired by his **History Channel** mini-series *Texas Rising*

## Viola Davis' Emotional Emmys Acceptance Speech SLAMMED By Soap Actress -- See What She's Apologizing For HERE!



There's ALWAYS someone, isn't there?

Last night **Viola Davis** became the **FIRST African American woman to win an Emmy** for Outstanding Lead Actress in a Drama Series!

After Davis won, she gave an incredibly moving and touching speech in which she mentioned the sometimes lacking opportunities for "women of color" in entertainment.

**Video: Taraji P. Henson, Kerry Washington, & Mary J. Blige Have A Dance Party In Apple Music Commercial!**

**Several celebrities** took to **Twitter** to commend the *How to Get Away with Murder* actress, but one of her Hollywood peers didn't agree.

**Nancy Lee Grahn**, a 57-year-old actress best known for her role on *General Hospital*, took to Twitter to share her opinion saying:

**Read more »**

[Image via Apega/Nikki Nelson/WENN.]

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