

# Healy Eats Real



## About Hannah Healy of Healy Eats Real

Healy Eats Real focuses on whole foods and natural non-toxic living to support vibrant healthy lives.

You will find a wealth of original real food recipes, healthy living tips and informative articles on nutrition and non-toxic living on Healy Eats Real.

### BLOG STATS

**180,000**

MONTHLY PAGE VIEWS

**113,000**

MONTHLY UNIQUE VISITORS

**6,300**

NEWSLETTER  
SUBSCRIBERS

**87%**

FEMALE  
READERS

**30%**

NEWSLETTER  
OPEN RATE

**25-44**

READER AGE  
GROUP

**70%**

USA READERS

### BRAND COLLABORATIONS

Healy Eats Real partners with brands to create original, visually pleasing content to gain more exposure and an authentic touch to your company.

Previous collaborations include Terra's Kitchen, Target, Hyperbiotics, iHerb, Vital Proteins, Bulletproof Coffee & More!

### POPULAR TOPICS

- Health
- Nutrition
- Food
- Allergy-Friendly Food
- Wellness
- Recipes
- Cooking
- Natural Health
- Gluten-Free
- Paleo Diet
- Organics
- Green Living

### FEATURED ON

- BuzzFeed
- Redbook
- Fitness Magazine
- PopSugar
- Paleo Hacks
- Mind Body Green
- Paleo Leap



**27,000**

@HealyEatsReal



**25,000**

@HealyEatsReal



**11,000**

@HealyEatsReal



**9,000**

@HealyEatsReal

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