

NYEESHA D. WILLIAMS



At 24 years old, after finding out my mother was on drugs, realizing my father would never be consistent in my life and accepting the fact that I was now a single parent; I opened up a 501c3 non-profit organization, named Sacrit Devahood Incorporation. SDI, started in the middle of my living room with one young girl and it has now grown and expanded to Kampala, Uganda. Sacrit Devahood Incorporation empowers young girls ages 11-19 through performing arts, social building skills and international connections. Six years into trials, tribulations, speeches, traveling and personal overcoming: I decided to finally

take the time to truly 'know thyself'. I noticed that I was setting expectations for my young girls (organization and daughters), but barely setting any for myself. I felt it was time to truly love me. Loving me included: loving what I hated about myself and loving the person within me that I was hiding from. By beginning this process, I eventually began to love the ones that hurt me.

March 10, 2015, "Herstory- Her history told through the eyes of her true self" was self-published. This book took 2 weeks of my time during my fasting period and self-actualization. I learned in order to be truthful with others; I had to become truthful with self. In this book, I've written biographical poems, short stories and confessions to begin my new, true and happier life. With anything that

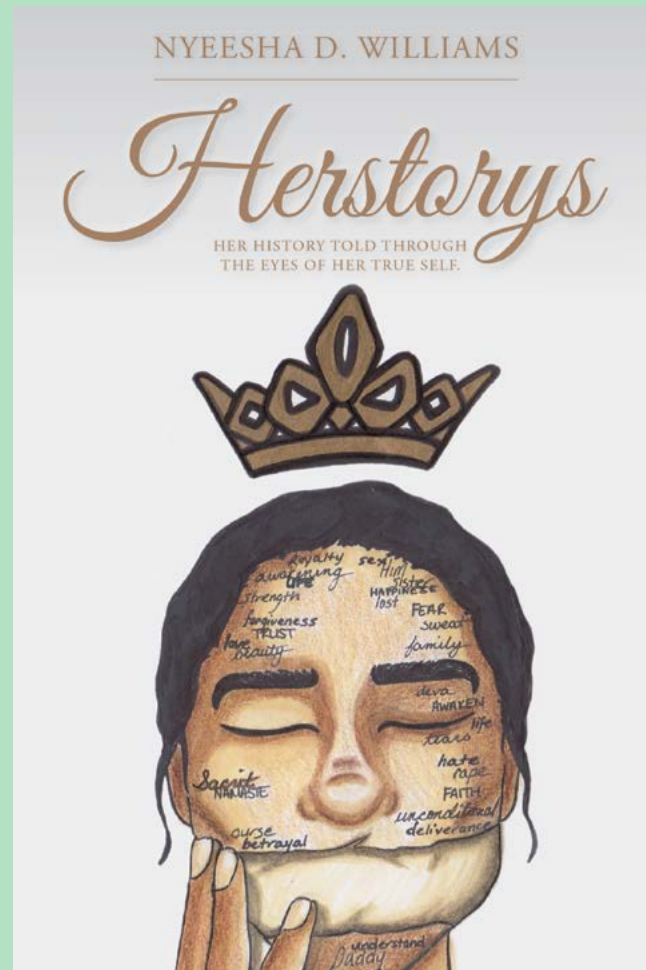
I do, I am always looking at how this benefits others and I wanted this book to help my sisters/brothers as well.

I've noticed the lack of camaraderie in the female community, for years. I made a vow to begin what I call, "Universal Sisterhood" by using "Herstory" as a vessel. In addition; I wanted to build relationships with the souls that placed their inquisitive hands on this book. This sisterhood is the made up of ALL women, no matter the race, ethnicity, creed or disability.

We all have a story...and our stories will help

other sisters to grow, which will build, "Herstory".





Book Sheet (Synopsis):

How often have you wished for someone to truly understand you? If you could open the closet to all of your secrets, would everyone still accept you? The inability to live most authentically causes a disruption in our community, especially amongst our young girls and women.

In this book there is an interactive dialogue between the writer and the reader. On each page you'll find an expressive story, a confession, or

a poem about the writer's life. Each entry will evoke an emotion from the reader. During these interactions, the reader becomes a writer in her/his own right.

This is her story
This is your story
This is our story
And our stories are Herstory's

Sell Sheet:

- Paperback: 134 pages
- Publisher: Nyeesha D. Williams
- Language: English
- ISBN-10: 0692386505
- ISBN-13: 978-0692386507
- Product Dimensions: 6 x 0.3 x 9 inches
- Shipping Weight: 9.1 ounces

"As Salt Water Sprite says, "It is honest, painfully beautiful." I heard Nyeesha speak about Herstorys in person, and more authentic, open, and loving power I have not previously witnessed in person. Her message about female unity is real and uplifting because she is 100% honest and direct about her experiences and actions in life. When we realize that our honesty frees us from our shadows, we can step into the light. Use the blank pages to write out your own raw, honest truth, and step into the light with all the other women reading Herstorys."

"I am not sure where to even begin.....even years of therapy could not evoke the deeply buried emotions that this book was able to! It forced me to look at my life as woman, a mother, a wife and identify and examine the parts that needed healing. I appreciate Nyeesha's transparency so that others can see themselves through her

Empowering, yet disabling.....inclusive, yet exclusive.....i find myself writing more in provided blank spaces that the words even in the excerpt I am writing about. I look forward to purchasing a copy for my mother and my daughter so we can begin to mend relationships and heal together. Herstorys is Mystorys! Thank you Nyeesha!"



Author's Bio:

Nyeesha Williams is the CEO/Founder of Sacrit Devahood Incorporation. "Sacrit Devahood Inc, is a 501c3 non-profit organization in place to empower and help build young girls ages 11-19 through performing arts, social building skills and international interactions."

Nyeesha has spent years dedicating her time motivating and inspiring teen audiences about the effects of happiness. She was known as the "grandmother" of her friends, but none knew she was a victim of sexual abuse and molestation by the age of 12. Nyeesha realized helping others in similar situations gave her such a rewarding feeling she decided to make it her career.

Hailing extensive backgrounds in performing arts, community counseling and organizational psychology, Mrs. Williams prioritizes empathy, patience and understanding in all relational interactions.

Traumatic personal experiences and a passion for mentoring youth led her to create the Sacrit Devahood Incorporation in March of 2009. Mrs. Williams is a strong believer that exposure to the performing arts inspires teen audiences to excel.

Nyeesha strives to help women shape their future and heal from trauma and abuse through an inspiring herstorys approach.

This book was Nyeesha's realization in empowering from within before empowering outwardly. She realized this approach later on in life, but she wants to now share it with the world.

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