Monny Gone Healthy



STRIVING FOR BALANCE

Mommy Gone Healthy is a lifestyle and motherhood blog for the modern mom. I began this blog to connect with other like-minded women and to offer support and guidance during one of the toughest, yet most fulfilling times. I love sharing products I enjoy, wellness tips and tools, home decor, recipes, fashion, beauty and green living ideas.

BLOG STATS
FEB 2017

7.1 K
UNIQUE
VISITORS

26K PAGE-VIEWS 90% OF READERS ARE WOMEN

66% OF READERS ARE FROM US AND 8% FROM CANADA

BRANDS I'VE WORKED WITH



3360 Followers@amberstarr82

4212 Followers

@amberstarr82

Amazon Prime
Groupon
Nature Made
prAna
Shutterfly
Ragu
Annie's Homegrown

P

1537 followers

@amberstarr82

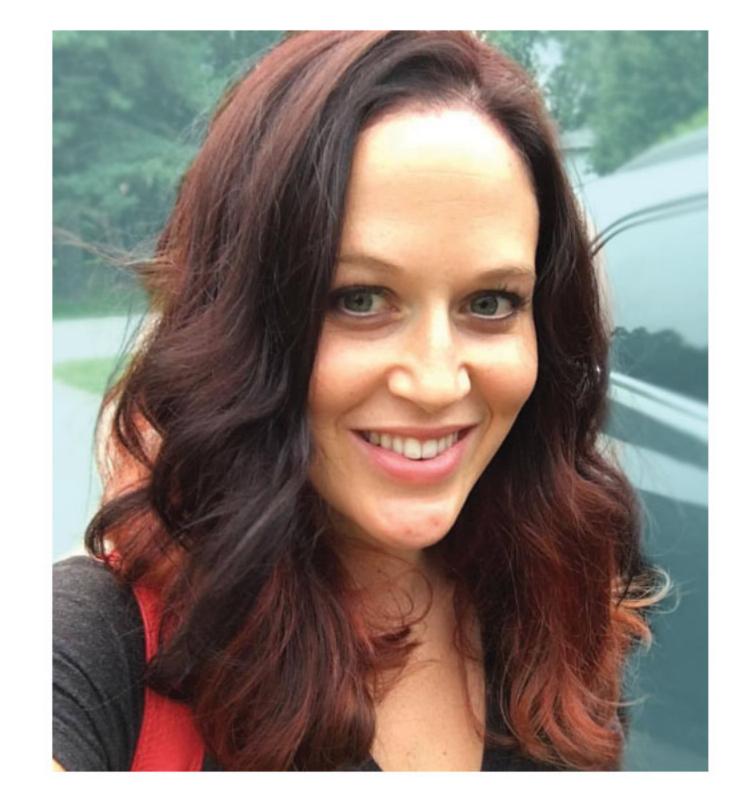
Annie's Homegro Astra Zeneca Gerber

Carter's

Water Wipes

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1143 Likes @MommyGoneHealthy



ABOUT THE BLOGGER

Hello, I'm Amber, a 30 something year old wife and mama. I have two wonderful children, an incredibly supportive and hardworking husband. I'm fueled by coffee, re-energized with yoga, love a good mind-clearing run, gardening, creating recipes in the kitchen and unwinding with a glass of wine.

MY READERS ARE YOUR CONSUMERS

My readers are primarily women (25-34 years of age) and mothers located in the U.S. and Canada. My readers show high engagement and interest in products that simplify life, that improve health and wellness, and love reading about the newest beauty and fashion trends. I have great rapport with my readers and strive to be genuine and connect with them through my posts.

SPONSORSHIP AND CAMPAIGN OPTIONS

I love working with brands and sharing new and innovative products with my readers. I have a wide array of campaign opportunities and options available. I am always open to new ideas, please contact me to discuss future collaboration opportunities.

- Sponsored Posts
- Recipe Development
- Brand Ambassadorship
- Product Giveaways
- Social Campaigns
- Banner Advertising
- Events and Travel
- Freelance Writing