

THE TAKERS CLUB

HEALTH AND WELLNESS

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As a Taker, we believe in taking control of our lives and creating our own story. – Building a life that radiates happiness and what we consider a success. Our motto is 'Invest in yourself' and Take Control! We believe health and wellness are looking after one's self-mind, body and spirit.

OUR MISSION

Our goal is to aid our clients in allowing fitness to become a part of who they are and their lifestyle.

We strongly believe that if you practice healthy habits, you will be able to obtain a healthy lifestyle.

SERVICES OFFERED

- Personal training
- Workout videos
- Nutrition advise
- Product Reviews
- Contests and Giveaways
- Affiliate Advertising
- Representation at Events
- Brand Ambassadorships
- Health and wellness Blog
- Resistance Bands
- eBooks



12.1

INSTAGRAM FOLLOWERS

2.1

INSTAGRAM ENGAGEMENT

99%

CUSTOMER SATISFACTION

99%

INCREASE IN PUBLICITY



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