

Confessions of an Overworked Mom

HEALTHY LIVING FOR BUSY WOMEN

confessionsofanover-workedmom.com

ABOUT ME

Ellen is a busy Vermont mom of a 20-year-old son and 24-year-old daughter. She owns 5 blogs and is addicted to social media. She believes that it doesn't have to be difficult to lead a healthy life. She shares simple healthy living tips to show busy women how to lead fulfilling lives.

contact: info@confessionsofanover-workedmom.com to collaborate

100,000+

SOCIAL MEDIA FOLLOWERS

80,000+

PAGE VIEWS

27,000+

UNIQUE VIEWS



11,000+



62,000+



7,500+

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