

# SARAH REYNA

*Digital Nomad Girl*

## @SARARRREYNA + DIGITAL NOMAD GIRL PODCAST

A destination for women to learn about mindful living as tools for health and wellness. In addition to the practice of being an aligned and intuitive baddy, this is the place for inspiration to work online from anywhere in the world like a digital nomad boss babe.



## SARAH REYNA

Sarah Reyna is an influencer, mindfulness meditation teacher, reiki practitioner, holistic health enthusiast, world traveler, online marketing consultant, and host of the podcast, "Digital Nomad Girl". Sarah's service in the world is to be a voice in the age of the Digital Fempreneur and inspire women to follow their dreams and work from anywhere in the world while making an income online. Also, to provide practical mindful living and healing tools that allow for emotional, spiritual and energetic shifts.



## DEMOGRAPHICS

- 65% are women
- 44% are 25-34 years old
- 25% are 35-44
- 62% are from U.S
- 9% are from U.K.

## INSTAGRAM STATISTICS

12K IG Followers	44.8K Post Views /mo
15.2K Unique Accounts Reached /mo	9.6% Engagement Rate



## SOCIAL MEDIA



12,131 Followers  
@sarahrreyna



480 Subscribers  
sarahreyna.com



570 Followers  
@sarah-reyna



256 Followers  
@sarahrreyna



## LET'S COLLABORATE

- Sponsored Posts & Reviews
- Instagram Takeovers + Giveaways
- Blog Collaborations
- Monthly Stories & Posts
- Podcast Sponsorship
- Events and Travel

## BRANDS I'VE WORKED WITH

- Health Ade Kombucha – Wellness Drink Ambassador
- GoMacro – Gluten Free Protein Bar
- Green Chef – #1 Wellness Meal Kit Ambassador
- Tonic CBD. Populum CBD. Ned CBD.
- Four Sigmatic – Mushroom Superfoods
- 1800Contacts – Contacts Company
- Tea Tree – Botanical Hair care by Paul Mitchell
- Coola – Plant based cruelty free sunscreen
- Health Warrior – Plant Based Snacks
- BioClarity – Plant Based Beauty
- Zen Resort Bali – Wellness Resort
- Power of Now Oasis – Yoga and Mindfulness Meditation Resort

## CONNECT

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