



@GetupwithNards

HEALTH & FITNESS INFLUENCER

CONTACT

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PARTNERSHIPS OPPURTUNITIES

Collaborations

Sponsored Posts

Contests & Giveaways

Attending Events

Product Reviews

Challenges

TOTAL FOLLOWERS

55k

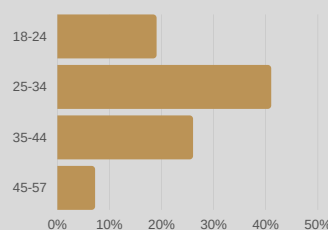
ABOUT

Mom, wife, Army combat veteran (disabled), fitness coach and influencer who loves the fact she can use her social media platform to connect with likeminded brands and individuals. Nardia grew up with an athletic background. She has a passion for fitness and is a natural motivator encouraging others to attain their personal fitness goals.

Nardia is health and fitness content creator who treats every collaboration individually & strives to create a long-term relationship with them. High-quality content, not afraid to speak my mind, be myself, and when I love a certain product, I shout it.

DEMOGRAPHICS

AGE



77%
WOMEN



23%
MEN

TOP LOCATION



U.S.A. New York
Jamaica, Kingston
Brazil



26.3K



14.4K



3.2K



11.5K



@theCunninghamFamily_

CONTACT

tthe Cunningham
Somerset, NJ 08873

732.704.8759
teamcunninghamfamily@gmail.com

ABOUT

Uplifting and loving family of six (Mom, Dad, two girls and two boys), sharing parenting, marriage raising our kids and lifestyle with the world. Mom (Nardia) is an Army vet, prior law enforcments, Masters in Exercise Science and fitness infleuncer. Dad is Army vet and fun loving, down to earth dad.

PARTNERSHIPS OPPURTUNITIES

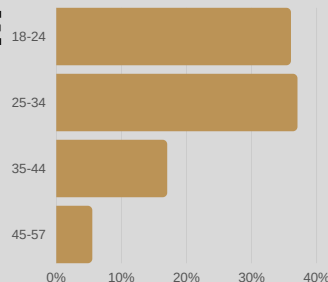
Collaborations
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TOTAL FOLLOWERS

21k

DEMOGRAPHICS

AGE



78%
WOMEN



22%
MEN

TOP LOCATION



U.SA. NewYork
Jamaica



20.4K



549



453

SERVICES & PRICING

@getupwithNards

INSTAGRAM SPONSORED POST

- 1 PIC POST | \$350
- 2 PIC POST | \$ 550
- 3 PIC POST | \$750

- 1 VIDEO POST | \$500
- CAROSEL POST | \$500

- INSTASTORY | \$300
- W/SWIPE UP | \$375

FACEBOOK SPONSORED POST

- 1 PIC POST | \$150
- 1 VIDEO POST | \$350
- FBSTORY | \$100
- W/SWIPE UP | \$150

ADD-ONS

HOST AND PROMOTE GIVEAWAYS \$350

HAVE OTHER COLLABORATION IDEAS?
GET IN TOUCH WITH US VIA EMAIL

@theCunninghamfamily_

INSTAGRAM SPONSORED POST

- 1 PIC POST | \$250
- 2 PIC POST | \$ 450
- 3 PIC POST | \$650

- 1 VIDEO POST | \$400
- CAROSEL POST | \$350

- INSTASTORY | \$150
- W/SWIPE UP | \$225

MULTIPLE SOCIAL
PLATFORMS POSTING
AVAILABLE UPON
REQUEST FOR GROUP
PRICE