

A portrait of a woman with long, dark, curly hair, smiling and looking slightly to her left. She is wearing a pink top. The image is overlaid with a semi-transparent green filter. The text 'The Vitality Coach' is centered over the image in a white, serif font.

The Vitality Coach

ROSARIA BARRETO

VITALITY HUB

Blogger and Social Media Influencer

BSc Exercise & Fitness Management

Level 3 PT / GP Referral

The BIOGLAN logo features the brand name in a bold, white, sans-serif font. A registered trademark symbol (®) is positioned at the top right of the 'N'. The text is set against a dark blue rectangular background, which is itself framed by a thin white border.The DECATHLON logo consists of the brand name in a bold, white, sans-serif font. The text is centered within a solid blue rectangular background.The MYPROTEIN logo displays the brand name in a bold, white, sans-serif font. Below the main text, the tagline "FUEL YOUR AMBITION" is written in a smaller, white, sans-serif font. The entire logo is contained within a solid blue rectangular background.

Previous collaborations



My name is Rosaria, Rosie or the Vitality Coach. I am a personal trainer, sports therapist and business owner. I have been writing my blog for over a year now and have had the opportunity to work with a variety of brands. My passion lies in health and travel and I look forward to future adventures in these areas!

INFO

Demographic

Women / 20-45 / UK / US

Contact Details:

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VITALITY HUB

SOCIAL MEDIA



The Vitality Coach

4k+



Vitality Hub UK

70+



Vitality Hub UK

300+



Blog Domain Authority

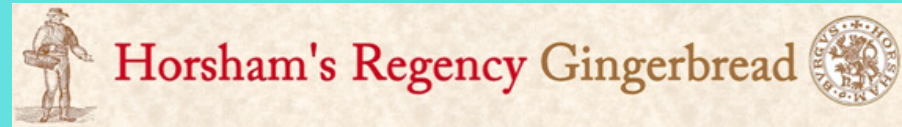
19

Avg Monthly Views

900+

High Engagement Rates

PROCOAL
— L O N D O N —



MY RATES

All fees are a minimum rate

GIVEAWAYS

£30 PER GIVEAWAY

SPONSORED BLOG POSTS AND STORIES

£50 PER POST

ADVERTS FEATURES ON INSTAGRAM

£40 PER POST

REVIEWS VIA MY BLOG

£70 PER REVIEW

FREEBIES IN RETURN FOR POSTS (TERMS APPLY)



GET IN TOUCH

- info@vitalityhub.co.uk
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Introduce new customers to your brand
Drive traffic to your website
Engage customers

VITALITY HUB COLLABORATIONS



Previous collaborations