

4 F's Given



W W W . 4 F S G I V E N . C O M

A FASHION PUBLICIST'S JOURNEY INTO MOTHERHOOD BLOGGING ABOUT HER FOUR FAVORITE "F" WORDS: FASHION, FAMILY, FOOD, AND FITNESS.

4 F'S GIVEN BY ADRIANA MARIE

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4 F's Given is a lifestyle blog that takes you on my journey into motherhood. I have been in the fashion industry for 12+ years and owned a namesake label before opening a digital marketing & events agency in New York City.

I am Boston born, Florida raised, and New York seasoned. I now live in Miami and started this blog which talks about the 4 F's I care about as my life evolves: Fashion, Family, Food & Fitness. I am mom to baby girl Stella Rayne who graced us on February 28, 2019 and am a contributing writer for The Bump & PopSugar.



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72%
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56%
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