



***DANI ADAMS***

***MEDIA KIT***

**Fitness Coach + Influencer**

**CONTACT**

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## *ABOUT ME*

Hi, I'm Dani!

As both an in-person and online fitness coach, I want to make health and fitness available to everyone--from the stay-at-home mom to the bodybuilder in the gym.

I film and post exercises that vary in regards to equipment used and level of fitness expertise. I also choose to only work with brands that I support and/or believe in.

FOLLOWERS

**7K+**

on Instagram

FRIENDS

**5K+**

on Facebook account

SUBSCRIBERS

**100**

for email list



## *AUDIENCE DEMOGRAPHICS*

63% men and 37% women

53% ages 25-34

26% ages 35-44

## *BRANDS I'VE WORKED WITH*

