NATHALIE SHANTI

YOGA | HEALTH | SELF-LOVE

About Nathalie

Nathalie is an Austrian based certified Yoga teacher, self-love advocate and Holistic Health Coach to be. One of her passions is to inspire people via her Instagram to love themselves just the way they are. She is known for sharing valuable and high-quality yoga tips and tutorials and helping others along their yoga journey. On her YouTube channel she weekly publishes Yoga flows and workouts for all levels. Her audience values her authenticity, honesty and open heart.

Social Media Stats

38.8 K Followers (she started her channel in 2019!)
› 5% Engagement rate
av. 300,000 impressions/week

Demographics

women 64% | men 36%

› 50% 25 - 34 years old
countries: USA (1st), UK(2nd), India(3rd), Brazil and Italy

Last Collaborations

Yoga Junkies
Naturecan
Actoyoga
Silipos Intern.
Vayumdura
EcoTunes Podcast
Holzkern
Freskin Care, etc.

Connect With Me

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