

# Beth Garza

## About me:

I am a 21 year old military spouse! I love promoting body positivity and self love! My main belief is Happy Self= Happy Health! I love to roller skate and I love Jesus! I've experienced a lot in the past 3 years, we've moved from Texas to New Mexico to Colorado! It's been a journey and I'm ready to share my experiences with the world!!

## Stats:

- 645 followers
- Ages 18-34
- 64% Women
- 36% Men
- Most people reached in a single post 10,000
- Still growing and working hard!

