



Haley.Lives

Health Coach / Fitness Influencer / BS, OT/s
www.haleylives.com / [@haleylives](https://www.instagram.com/haleylives)

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ABOUT

Hello! Thanks for checking out my media kit. I started my social media as a way to track my fitness journey, and it quickly turned into a community that shares a love for developing a stronger body and mind. My Instagram focuses on topics like developing a positive body image and mindset, sharing workouts, products I love, and all things fitness. I also am a health coach where I coach clients 1:1.

CONTACT INFORMATION

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CURRENT AFFILIATIONS

- BEAM Supplements Athlete
- Liquid IV Affiliate
- Limoneira Lemon Company
- IWON Organics Protein Snacks Affiliate

INSTAGRAM STATISTICS

4.2K Followers
Women 18-34
74% US Based
70k weekly impressions

COLLABORATION RATES

\$100 per post
\$25 per story