

HELEN JENSEN

Organic, Sustainable & Natural Lifestyle



ABOUT ME

Hi! I'm Helen, born on the West Coast (51 years young), I migrated to Texas in 1994 and live with my husband on an 18-acre homestead. I'm a mom and proud Nana of three boys. Our herd consists of goats, chickens, dogs, and plenty of wildlife to keep us occupied. We try to live an organic, sustainable, and all-natural lifestyle as part of our daily routine.

I have a passion for gardening with pollinators in mind. As a Doterra Wellness Advocate, I have the opportunity to help, influence, and educate people to start their journey to a healthier lifestyle, achieved by not just diet and exercise.

78000K

PAGE VIEWS

Data recorded since the beginning of my blog in 2020.

1.9K

IG FOLLOWERS

Data recorded since the beginning of my account in 2021.

5.4K

PINTEREST

Data recorded since the beginning of my account in 2020.

about our blog

**BAMBAMS
COOP**

We started BamBam's Coop in March of 2020 when the Coronavirus (Covid-19) Pandemic lockdowns began in hopes of helping those who needed help. Our blog is both educational and a medium to get consumers connected with clean producing companies, esp small businesses. We hope to influence others to start their natural and sustainable journey through our experience. Affiliates are promoted through product reviews, videos, and recommendations.