©KATERTOT

## Katie Goss

Katie is a Registered Nurse who teaches pilates. She co-founded two successful health and fitness companies with a large social media presence. Her newest company ©SpreadWhealth is growing rapidly.

## About Me

Katie realized when working as a registered nurse that our medical system is more of a sick care system than a healthcare system. She is passionate about educating people on how to make lifestyle changes that will lead them to a healthier life and avoid lifestyle-caused diseases.

## SOCIAF MEDIA STATISTICS

INSTAGRAM METRICS


## COLLABORATION OPTIONS

PRODUCT EXCHANGE
PAID POSTS
GIVEAWAYS
PRODUCT REVIEWS
12 Mears Ave Asheville NC 28806
720-244-9745 kategoss00@gmail.com
www.spreadwhealth.com

